Healing Ways
Health science students get hands-on lessons in patient-centered care.

Word Up
Bridging worlds with Portage, Carroll’s online literary journal.
The Carroll campus glowed in late afternoon light in this aerial photograph taken in early November 2016. The site of the former Lowry Hall is in the upper middle of the image. The new Michael and Mary Jaharis Science Laboratories building is to its left.
F1RST Magazine tells the stories of pioneers, of Wisconsin's first university and of the restless, creative and fearless men and women who push it forward—the alumni, students, faculty and staff of Carroll University—through truly pioneering content and design.

Carroll University is Wisconsin's first four-year institution of higher learning. This independent, co-educational comprehensive university is grounded in the Presbyterian heritage and comprehensive university is grounded in the Presbyterian heritage and mission for alumni, faculty, staff, students and friends of the university. The opinions expressed do not necessarily represent the opinions of the editors or the official policies of Carroll University. We welcome your comments to editor@carrollu.edu.

We've all experienced it. When you throw a small pebble in a pond, the ripples from that one simple action radiate outward, growing larger the farther they travel.

It's not too different from what happens in the lives of our students here at Carroll. It's inarguable that the Carroll experience is defined by academic excellence. It's the foundation of all we do—but our impact doesn't stop there.

As students, they didn't realize that all those touchpoints were like tiny pebbles that would continue to ripple and grow. It's humbling to hear their stories and how they credit their Carroll experience with preparing them for life in a diverse and global society—and for helping them to make the world better in ways both large and small.

Where will the tiny pebbles cast across today's campus lead? It's exciting to think about. In this issue of F1RST, you'll read about how our health science programs are fostering a more holistic view of health care through a focus on real people with real health issues, as illustrated by the Therapeutic Abilities Clinic and a partnership with Curative Care Network.

You'll discover how a small ripple turned into an online literary journal with a focus on writing, art, music, film and cultural commentary from the upper Midwest. Portage magazine is run and edited by Carroll students, and it began as a Pioneer Scholars project.

We also sit down with several international students, to get their take on life at Carroll and in turn how a growing presence of international students is changing us.

The next time you cast a stone across the water, whether literally or figuratively, take a moment to consider “The Ripple Effect.” That one small action, over time, may have a very significant and far reaching impact. It’s a pretty amazing phenomenon, and one we see in action at Carroll every day.

Proudly,
Douglas N. Hastad, President
FOREMOST

Carroll University names new president

After an extensive nationwide search, Carroll University has named Dr. Sara Ray Stoelinga as its next president. She will take office in July 2017, and succeed President Douglas Halstead, who will retire after leading the university for over a decade. Stoelinga will be the first female to serve in the role of president at Carroll since its inception in 1846.

“We are proud to welcome Dr. Stoelinga to the Carroll community,” said Jim DeJong ’73, immediate past chair of the Carroll University Board of Trustees and chair of the presidential search committee. “Her passion and enthusiasm for education, along with proven leadership ability and strategic thinking skills, will enable her to build on the university’s tremendous accomplishments of the past decade and propel Carroll into the future.”

The Board of Trustees unanimously appointed Stoelinga as the 15th president of Carroll University.

Dr. Stoelinga’s hiring brought a swell of TweetPride on university social media.

Steve Eugene: Always proud to be a Pioneer. But today, I’m extremely proud. Dr. Stoelinga will be the first woman to serve as Carroll’s President and that’s pretty darn awesome! Mary Stoger-Buyhout: This is such a wonderful news. Congratulations Sara Stockett.


dr.stoelinga: Thank you for your kind words. It is an honor to serve as #CarrollU’s first female president in the University’s 170 year history! #PioPride

Women’s soccer player of the year

Carroll sophomore forward Rachel Van Sluyts received all-conference honors and was named the College Conference of Illinois and Wisconsin Player of the Year, becoming the first Pioneer player in conference history to win the CCIW’s top women’s soccer honor after Carroll repeated the conference this season.

Recognition

Art adjunct a Nohl recipient

Robin Jeyaby, adjunct lecturer of art, was one of five regional artists recognized for their work in the field of art as a recipient of the Mary L. Nohl Fellowship.

The fund, given in memory of the late artist Nohl, provides established artists with funding to create new work or complete work in progress. In 2016, a total of 151 applicants entered the 14th annual competition.

“I was so thrilled and honored to be selected as one of this year’s Mary L. Nohl fellows in the emerging artist category,” said Jeyaby. “It’s an incredible feeling to get this kind of support to further pursue my passion as a painter. The funds and recognition will be of inestimable value as I press on with studio projects this year.”

A finalist in the emerging artist category in 2015 and 2012 before winning in the category in 2016, Jeyaby paints still lifes of glassware. She has exhibited work throughout the Midwest and also teaches drawing at Carroll.

Carroll’s aviation minor students can take to the sky in style, thanks to our partnership with Spring City Aviation.

The agreement with Spring City provides dedicated access to a Van’s RV-12 special light sport aircraft. This low wing aircraft, built in 2012, is recognized as an ideal trainer. “Both the aircraft’s stability and onboard electronic equipment make this plane an ideal training platform for students,” said Tim Tyre, chief ground instructor at Spring City and Carroll lecturer. “It has very stable handling characteristics and superb visibility due to a canopy top. The plane has a combination of performance features and pilot information systems that facilitate training and aeronautical decision making. The flight characteristics of the RV-12 also make it an easy plane to learn.”

The plane is owned by Sid E. Anderstrom, LLC and leased back to Spring City.
$1.25 Million Grant to Enhance Primary Care Education

The buzzwords in medicine these days are integrated care and wellness. Basically, the two terms refer to various health care professionals working together to develop a better idea of a patient’s whole life, in contrast to focusing individually on a particular illness, disease or injury.

Now, an innovative program at Carroll will help health science students develop those skills. A $1.25 million federal grant will support Carroll’s efforts to work with underserved populations at the United Community Center (UCC) on Milwaukee’s southside.

“The Health Resources and Services Administration (HRSA) grant has as its goal strengthening the primary care workforce. Over the course of the next five years, Carroll will work with the UCC to develop and implement inter-professional integrated primary care and health literacy training focused in the physician assistant, physical therapy, occupational therapy, nursing and public health curriculums,” said Ricardo Diaz ’74, UCC’s executive director. “We are pleased that HRSA recognized Carroll’s unique approach to inter-professional education,” said Jane Hopp, dean of the college of health sciences. “This grant will help us, it’s important to both serve our current clients and provide care to the patient. Inter-professional practice is the direction modern health care is moving toward.”

Forbes among Carroll’s existing emphasis on health literacy instruction, the grant will help support faculty, staff, students and the community.

Building upon Carroll’s existing emphasis on health literacy instruction, the grant will help faculty design, implement and evaluate a training model to educate physician assistant students as primary care providers while working with other health care professionals. Health science students will provide health education and wellness services to seniors and their families at the UCC’s Senior Center. UCC’s clients will help educate Carroll students about culturally appropriate care, which is especially important to Carroll students as many graduates choose to work in medically underserved communities.

“Our students will come out of this with a better focus on the quality of the patient experience,” said Hopp. “This will develop a patient-centered provider who really understands what the other disciplines can do and need to provide care to the patient. Inter-professional practice is the direction modern health care is moving toward.”

Ricardo Diaz ’74, UCC’s executive director, said the UCC is looking forward to building upon its existing partnership with Carroll. “For us, it’s important to both serve our current clients who seek multicultural medical counsel and also to train professionals who can serve future clients in need of this same expertise. Increasing the number of culturally competent health care professionals is advantageous to both universities and communities alike.”

Marlowe and Me

GARRISON TO ASSOCIATE EDIT JOURNAL

John Garrison, associate professor of English, has been named associate editor of Marlowe Studies. Annual, an online scholarly journal devoted to the work of early modern writer Christopher Marlowe. The annual is published by Indiana University–Purdue University Fort Wayne.

“I’m thrilled to be supporting the journal,” Garrison remarked. “My students adore Marlowe’s work and I’ve long found him to be a fascinating figure.” Marlowe was an English playwright, poet and translator born in 1564, the same year as William Shakespeare. Marlowe Studies is comprised of essays from writers around the world that look at Marlowe’s role in the literary culture of his time.

FUTURE MEDICINE

Women’s Lacrosse HONOR SQUAD

Two Carroll University women’s lacrosse players were named to the International Women’s Lacrosse Coaches Association (IW-LACA) academic honor roll. Juniors midfielder Amanda Gibble, a nursing major, and senior defender Hanna Morrow, an exercise science major, were tabbed for the prestigious honor. The IW-LACA honored student athletes from 301 different institutions. To be eligible, student-athletes must be a junior, senior or graduate student and earn a cumulative academic GPA of 3.5 or higher. The entire Carroll women’s team was one of 275 teams across all divisions named an IW-LACA Honor Squad for the 2015-16 academic year.

SNAPSHOT

Two photos shot during a Cross-Cultural Experience to Japan by Dan Becker, associate professor of graphic communication, were accepted by the Racine Art Museum’s Wustum Museum for its Wisconsin Photography statewide competition. The competition first began in 1976 and this year’s show featured 102 pieces by 36 Wisconsin photographers and video artists. Of 868 pieces submitted by 91 artists, less than one-third of the artists were accepted into this year’s show.

“It was an honor to have these two pieces selected for the exhibition. Art professor Phil Krejcarek encouraged me to enter the juried contest and provided me with guidance in the process—and for that, I’m quite grateful,” said Becker.
Jesus stretched out his hand and touched the man with leprosy, saying, “I do choose. Be made clean!”

—Gospel of Matthew 8:3

Recently, in a meeting with Mark Erickson, a professor in our physical therapy program, the subject of touch came up. Mark talked about how he hopes to instill in his students just how impactful touch can be. As Mark pointed out, it’s not just a body our physical therapy students are touching, it’s a person, a whole person with heart and mind, history and hopes. There is a healing relationship between practitioner and patient that starts when the very first hand is gently placed on another’s body, and both people are impacted by it. Touch is powerful and can be deeply healing: the calming effect of a parent’s caress, the reassurance of a hug when grieving. Even without physical connection, we might find a caring note from a friend that “touches” us, or we may be “touched” by stories of sorrow or joy we read in the news. These forms of touch communicate compassion. They align our human experiences, our human hearts, so that we meet one another authentically in our mutual humanity. In doing so, we embody the power of healing that can only happen when we are seen and accepted for who we truly are: good, bad, broken, whole, human. This kind of shared vulnerability comes with risks, however. It means that whether we are receiving touch or offering touch, we risk being disrupted, challenged and changed through that point of connection.

I see Carroll students taking on this risk every day. Our physical and occupational therapy students and our nursing students engage with patients, providing “hands-on” care. Our education students find their own passion for learning ignited as they try out teaching.

When we touch another with intentionality and care, we allow ourselves to be touched at the heart of our humanity, we also open ourselves for who we truly are: good, bad, broken, whole, human. This kind of shared vulnerability comes with risks, however. It means that whether we are receiving touch or offering touch, we risk being disrupted, challenged and changed through that point of connection.

Our newest research space, Prairie Springs Environmental Education Center, opened with a ribbon cutting ceremony on Sept. 22, 2016. Construction on the center began in 2015 on a site adjacent to Carroll’s Greene Field Station. It will be used by Carroll faculty and students as well as community groups and schools.

Cut The Ribbon

New Research Facility Opens

In honor of the final year of Doug Hastad’s tenure as Carroll president, we’ve been compiling a list of Pioneering Moments that have occurred over the past eleven years under his leadership. While Hastad himself notes that many people share responsibility for these accomplishments, these are the moments, both large and small, that have helped shape our university. Wonder what we’ve selected? Check carrollu.edu/pioneering-moments to find out.

On the Web

Pioneering Moments

To bring your students closer and confidence in the digital age, the Physical Therapy program faculty created a hilarious holiday video. “Finals_Night” was a hit. View it on YouTube at bit.ly/DPT_Finals_Night.

Swimming & Diving

New Coach, Divin ing In

Michael Lucchesi was named Carroll’s head swimming and diving coach in October 2016. Lucchesi, a former UW-Milwaukee Panther standout, remains an active competitive swimmer and brings real experience to the Carroll position as he instructs, motivates and develops swimmers and divers. Following his collegiate athletic career, he spent time as a volunteer assistant coach at UW-Milwaukee and as an assistant coach at Greenfield High School.
TRIPLE THREATS
Keeping Stride with Carroll’s International Student Athletes | By Jack Sherman ’18

In basketball, perfecting the triple threat position is crucial: with knees bent and body poised, players can either shoot, pass or drive the ball down the court for that game-winning layup. The trick is knowing which to do—and when to do it. To Bastien Seiller, Carroll’s first international basketball player, split-second decisions like these are second nature. Coming to Carroll wasn’t.

“I had a long conversation with my father. I will always remember it for years,” said Seiller, 17-year-old from Rennes, France. The exchange sparked an avid search for a school with the right amount of rigor both on and off the court and in the classroom.

For someone who has competed since he was four, earned a spot on the National Team at 15—three years before most players are admitted—and has already amassed a sizable collection of trophies, finding a university that could keep stride was crucial. Carroll fit the bill.

He’s not the only one, either. Carroll has been attracting more and more international students, many of them strong athletes in addition to scholars. Rie Sakurai, a Japanese student with a passion for the court that rivals Seiller’s, was presented to her as a gift from Rie’s family.

It all starts in the office of Jeannie Burns Jaworski ’14. As the director of international education, Jaworski oversees Carroll’s efforts in admitting and retaining 35 different countries—all from her cozy headquarters built into a street-side home in Waukesha’s McCall Street Historic District. Under her guidance, the department hired a dedicated international recruiter and admissions counselor in order to improve communication and outreach to prospective international students. Has it worked?

Undeniably. “Carroll University has welcomed 90% more international students within the past two years,” noted Jaworski. Additional efforts have been made to increase Carroll’s global presence, welcoming new students from places as far as Indonesia, Nepal, Malaysia and more.

But a university can’t just will interesting people to attend. It has to interest them, too. That’s where Carroll’s return to the prestigious College Conference of Illinois and Wisconsin (CCIW) comes in. For aspiring student athletes, it’s certainly appealing.

“We’re expecting very difficult games,” said Seiller with a grin. “But I think we’re doing well. We can do better, of course. Every time we can do better, we’re doing really well.”

There’s also Carroll’s efforts to promote a more culturally diverse campus. In addition to 95 students from 35 countries speaking 23 different languages this semester—the largest incoming international class to date—Jaworski and the Office of International Education facilitate a variety of ways to help international and local students connect. Coffee hours, international dinners and an International Education Week all serve up opportunities for Pioneers to get to know one another better.

“People here are so kind,” Sakurai remarked. “They smile so much that at first I thought I was doing something wrong.”

Make no mistake, Sakurai isn’t saying things are always easy. She made the difficult decision to sideline basketball for now because she wants to take the field in an entirely different way: she’s currently pursuing a winter internship with the sports monolith Nike.

“It’s definitely challenging, changing the environment, going from a new country, a new culture,” Seiller agreed. “But that’s also why you come here, I think. Because you want to discover other cultures and not be close-minded about that.” For a 17-year-old, he has a remarkably mature worldview.

They all do, in fact. It’s something these students share, and something most athletes willfully or success doesn’t come easily. It’s hard, gritty—and it takes individuals with limitless ambition. Sakurai remembers a quote from her coach that has kept her motivated through it all: “In life there are opportunities you want to go out and take, but you sometimes scare to take them away.”

Sure, perhaps, Seiller, Kyle and others like them are a little scared. If they are, they don’t show it. Instead, they push past their fear to open doors on the court, in the classroom and across the globe. They apply the triple threat position to their daily lives: knees bent and bodies poised, working toward futures bright with all the promise and excitement characteristic of an education rooted in pioneering spirit.

INTERNATIONAL PIONEERS
Students from 35 different countries called Carroll University home in fall 2016

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1. Students from 35 different countries called Carroll University home in fall 2016.
When Declan Dilley went to the world powerlifting championships in Poland last summer, his three lifts—a squat, bench and deadlift—totaled 1,818 pounds. Which is about the weight of a dairy cow.

If you’re thinking that’s a lot of pounds, you’re correct. Declan, then 18, came home a world champion. The student-athlete (he plays defensive tackle for the Carroll football team), journeyed to Poland to compete in the International Powerlifting Federation World Sub Juniors and Juniors Powerlifting Tournament.

In powerlifting, competitors perform three distinct lifts, a squat, a bench and a deadlift, with three chances to successfully complete each. Declan’s lifts totaled 694, 518 and 606 pounds, respectively.

“I was excited to travel outside of the United States for the first time to represent my country in the sport,” said Dilley.

Dilley has been around powerlifting all his life—both parents competed as powerlifters. He himself began seriously lifting as a freshman in high school and has continued putting on the pounds ever since. He’s competed at regional, state and national meets, all leading up to the world championships, where he was named champion in the 120+ kilogram weight class.

During football season, Dilley balances his powerlifting training with football practice, and he noted that Coach Mark Krzykowski ’94 has been very supportive of his powerlifting endeavors. Dilley actually had to miss this year’s first game while in Poland. In fact, news of his victory came the morning of the Pioneers’ first football game of the season. “I guess Coach K announced my championship to the locker room before their first game of the season, and the guys all cheered. My teammates, the coaches, they’ve all been great. The whole campus, really.”

Don’t tell Dilley, but we’re just hoping he’s around during Move-In Day next fall.

Office Hours

Jon Gordon, a senior lecturer in English, moved into a new office in the Betty Lou Tikalsky House this summer. When we visited him in early November, the space had already taken on his personality, with knickknacks, posters and photos alongside the usual bursting bookcases. Many of the decorations have a Japanese theme. Gordon spent a year teaching in Japan 16 years ago.

New Science Building Steel Rising

Construction is already underway on a new academic building to replace Lowry Hall, which was demolished in the summer of 2016.

The new building, to be named Doug and Nancy Hastad Hall in honor of Carroll’s outgoing president and his wife, will house the nursing, physics/engineering and exercise science programs as well as provide space for other academic classroom needs. It will occupy roughly the same location as Lowry and connect to the Michael and Mary Jaharis Science Laboratories.

Plans for the building have come at a time when space is of necessity; nearly two-thirds of Carroll students major in the sciences. The university is especially strong in the health and medical science fields and has experienced unprecedented demand for programs in the fields of nursing, physician assistant studies, physical therapy, public health, psychology and exercise science/physiology. The building is slated to open in December 2017.
Connections: Literary Journal Builds Bridges, Carries Hopes

Carroll's newest literary journal, Portage, takes its name from a common feature of the upper Midwest, the land bridge connecting our many lakes and rivers. It's apt—the arts are indeed a bridge, between peoples, traditions and communities.

Obviously, Portage, which exists solely as a website, digitally transports words and images, but it also carries a connection between Carroll and a wider, creative community. Its mere presence bears proof that Carroll is part of that larger community and a place where good writing happens. And it's partly due to the work of a former Carroll student. Taylor Hamann graduated in 2016 with a double major in English and professional writing. In the summer of 2015, she embarked on the development of a literary journal to thrive. I wanted Portage to be a space for writers and artists to share their voices and express just how unique and diverse the Midwest is."

How does one go about starting up a journal and how does such a journal establish credibility? "It's origin in the university gives it some legitimacy to start," said Best, "but, it's the work we carry that will be the ultimate arbiters."

As an on-going endeavor, the annual journal is the product of a class, English 350: Literary Magazine Publishing. Held each spring and capped at 18 students, the sessions operate more like editorial meetings than traditional university classes. The class is taught by Best, but he insists the journal is entirely student driven. "The students read the submissions, they do all the work, really," he said. "It's more like they show up to an office and work a couple hours." The class typically meets Tuesdays and Thursday afternoons in the spring semester.

Of course, if you're going to publish a literary journal, you need material. Best, a poet who was a finalist to serve as Wisconsin's Poet Laureate in 2008, has extensive experience navigating the world of literary journals and the submissions process. He helped by getting the journal listed on sites such as duotrope.com, which provide extensive databases of writing markets for aspiring and professional writers.

Portage publishes literary writing, art, music, film and cultural commentary from the upper Midwest. "We wanted it to have a focus," said Best. "We want to explore the question of what it means to be Midwestern." The journal's website puts it this way: "The upper Midwest is a region of contradiction, yet it exists in an odd harmony. Lawyers drink a beer after work with poultry farmers; sacred up by skyscrapers. The upper Midwest is where urbanization and agriculture collide and agree to work in tandem. Portage aims to reflect the same diversity. We want poetry about a broken windmill in Iowa sharing space with a painting of Chicago at midnight. We want a photograph of an owl reading Big Ten football statistics or the story of a girl who leaves her pet cow to pursue a life of modeling. If your work matches our vision, we want to read it."

Submissions to the journal are directed into several categories: creative nonfiction, fiction, music and film, poetry, reviews and visual art. Students in the class are grouped into genre teams to review and haggle over the submissions. "The editors decide what gets selected," said Best. "They meet and they talk about it and make arguments. They get to decide what's 'good.'"

In doing so, students gain critical skills. "I think the biggest impact is providing students with opportunities no other class on campus can," said Hamann. "Because the journal is student-run, Carroll students tailor their experience to their specific academic or career goals. Some of the various positions held in the past years were editor-in-chief, copy editor, social media manager and director of public relations. Additionally, by connecting students with people who have vastly varying experiences in the Midwest, Portage fosters growth on a personal level."

As an online journal, Portage has one distinct advantage over a print publication—far greater flexibility in how submissions get selected to appear; there is no page limit. "The quality and the quantity wins," noted Best. "We are about the submissions. We want to connect with submissions that match our vision, we want to read it."
EXPLORATION

What does it take to become a good health care provider? Knowledge, sure. Critical thinking, too. And technical skills. But a kind heart, an attentive ear and a compassionate soul are all at least equally important, though they may be more difficult to teach. At Carroll, there is a growing emphasis on the "care" in health care and numerous efforts underway to build compassionate, well-rounded students.

Craig Joerres has dark curly hair, a warm smile and a genuine affection for the students and faculty at Carroll's Therapeutic Abilities Clinic. "I love it here," he said. "I don't like to miss this. I get so much value from it." He's been coming to TAC for six years now, maneuvering his wheelchair into the Sentry Building clinic every Tuesday and Thursday afternoon. When he arrives on this Thursday afternoon, he's warmly greeted by faculty and students. Spend time here, and it's hard to know who benefits most from his visits. Joerres suffered a stroke at age 42. He's accepted now, he says, that he is never going to get that life or that body, pre-stroke, back. "No," he explained. "My only interest is in my quality of life." Which is why he comes, twice a week, to work with students in Carroll's Physical Therapy Program.

Here, he's paired with students who will spend a semester at the clinic. For nearly four months, they will work with him, gently guiding movements, recording his progress, listening to his feedback, joking back and forth. "We've made some great gains—small gains, yes—but positive ones, over the years," said Joerres. Those gains mean small but measurable improvements in his quality of life. That keeps him coming. That, and the laughter.

"I am kind of known for joking around and giving the kids a hard time," he admitted.

More importantly, he is sharing his experience as a stroke victim with these students. Working with him and with the other three dozen clients who attend the clinic, they experience real bodies with disabilities and other health issues. This is far different from practicing on themselves or on each other in class. This is real life.

"We definitely need each other," said graduate PT student Malene Kurt '15. "I'm just so grateful to the members of the community who come to our clinic and facilitate this experience for us. By being able to apply what you have learned..."

Carroll's health science programs are rapidly gaining attention for their academic rigor and great outcomes. At the same time, the university continues to offer a strong education in the liberal arts. A new offering, the health and human experience minor, aims to utilize both strengths to make a Carroll education even more valuable to its students.

The minor, offered this year for the first time, recognizes a growing movement in the health care industry to view a patient as a whole person and to develop care providers who are better able to communicate with and care for patients. Health science students could opt for this minor to strengthen interpersonal communication skills or to gain a more holistic understanding of wellness.

At the same time, the minor could appeal to students majoring in traditional liberal arts programs by adding an emphasis in health sciences to their skill set. "Let's say you're a communications student who wants to work in the health care field, for example," said Dr. Monika Baldridge, chair of the department of health and medicine. Business students who are interested in working in health care administration are other potential beneficiaries, but there are many others.

The minor is structured around coursework divided into four areas: values and ethics, social health, humanities and the sciences. Students are required to take at least one course, but not more than two, from each category. The courses include topics such as bioethics, suffering and hope, intercultural communication and the history and philosophy of science.

It concludes with a one-credit online capstone course, in which students will write an essay documenting their experiences in the minor and what they learned from the variety of courses. Baldridge noted that such an essay would be valuable to students pursuing graduate programs.
EXPLORATION

“I don’t like to miss this. I get so much value from it.”
- Craig Joerres, TAC patient for past six years

To someone who isn’t completely healthy, you learn so much more. You also learn to give. “This program does that, it teaches us that giving back to the community is important,” said Kurt. “That’s such a big part of Carroll’s mission.” The training may be professionally oriented, but the lessons extend to all parts of life.

Students start the semester getting to know their clients, by conducting interviews with them and consulting with notes left by previous classes and other students who may have worked with the person. In so doing, they practice the collaborative process that will mark their professional life. And, while they may begin by seeing a disability, they quickly come to see a whole person. Bonds are forged during the semester, the casual laughter and friendly joking building intimacy. Joerres noted that he has attended several commencement ceremonies over the years to support his new friends on their big day.

Gary Schoenicke has been coming to the clinic for three years. “It doesn’t seem that long,” he said. “Time flies when you’re having fun.” Schoenicke has cerebral palsy. When a job ended several years ago, he lost more than employment; he lost the opportunity to spend time around other people. The clinic, which is free, provides him with valuable therapy, but the time he gets to spend among the students and other clients is priceless.

“We’re here to provide wellness services to clients with neurological issues,” said adjunct lecturer Kris Erickson. “And part of one’s wellness is your social life. It’s not just the students and clients bonding, the clients bond with one another and with their families.”

“You don’t realize what a benefit this is for us,” Schoenicke agreed. “When my work stopped, I missed that social life so much. So I try to give back and help the students. I let them know how I’m feeling, what feels right and what doesn’t. It benefits us both.”

Unsaid but just as important, it benefits the men, women, and children these students will one day treat as professional physical therapists.
Music moves through our lives always. Accompanied from birth to death, marching to the beat of our own drummer, heads aswirl with melodies. Music calms, helps someone else gain skills they didn’t have before or solve problems. “...I like the idea I can use my talents to actually help someone else gain skills they didn’t have before or solve problems.” —Stephanie Ledonne, music therapy student

Students in the program begin clinical placements in their second year, first observing a certified music therapist at work, and over the course of that year, beginning to assist. Rousseau’s students this year also accompany her to the Authentic Birth Center in Wauwatosa to help in a class designed to promote healthy attachment and postpartum emotional support for new mothers. Following that, they’ll experience four or five clinical placements totaling up to 200 hours, where they’ll develop their skills, learning to assess, document, treat and evaluate patients. The program has been developed to target standards and competencies outlined by the American Music Therapy Association (AMTA). Graduates of the program will be eligible to sit for the national board certification exam offered by the Certification Board for Music Therapists. The outlook for those graduates is good, with an anticipated eight to 14 percent job growth in the next decade. Music therapists work with all ages—from pre-school children to the elderly. Therapists may work in psychiatric hospitals, rehabilitative facilities, senior centers, nursing homes, hospitals and outpatient clinics, among other sites—all places where a familiar melody or sweet song may help soothe, motivate and even heal.

This fall, the first group of Carroll students began studying music therapy, learning ways to incorporate music in treating a host of health and wellness issues. The new music therapy degree program is in its infancy and still wending its way towards approval, but has found a receptive student body at Carroll. “I tell our students they are pioneers in the truest sense of the word,” said Elizabeth Rousseau, clinical assistant professor and director of the music therapy program. At present, 15 students are participating in the program, “but based on the interest we’ve seen, we could easily see 20 or more next fall.” This academic year, she has gone to a memory care facility to sing, play instruments and even employ scarves to gently engage with and coerce movement among the clientele.

The program bridges two disciplines at Carroll—the arts and the health sciences. Rousseau guesses she’s the only clinical teacher in the humanities at Carroll. “This program is a natural fit for Carroll,” according to Dr. Charles Byler, dean of the College of Arts and Sciences. “It builds on two academic areas in which we are particularly strong: music and therapeutic health care. The program offers students who are interested in studying music an excellent career option.” The program is an example of Carroll’s success in developing academic programs that blend liberal arts and sciences with vocationally oriented courses, according to Byler. “Students in the program will develop both their creative and analytical skills to a very high level.”

Students in the program study music, taking lessons in music therapy and gaining proficiency in playing an instrument. But they also acquire skills to be a therapist, learning clinical skills with patients and preparing for a professional practice. “It’s a clinical degree, even though on the outside it just looks like we’re having fun,” said Rousseau. The music therapy program—Carroll is the only co-ed university in the state offering the major—is what attracted second-year student Stephanie Ledonne to Carroll. She had attended some classes at Carroll while a senior at Sussex Hamilton High School but first enrolled at another university, pursuing voice studies. The music therapy program, however, caught her attention. “I want to sing, of course,” Stephanie said. “But I like the idea I can use my talents to actually help someone else gain skills they didn’t have before or solve problems.”

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Music Therapy Program Finds Receptive Audience at Carroll

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A Living Canvas

ARTIST’S FANTASTICAL CREATIONS COME TO LIFE

Ask artist Sara (Thorne) Meyer ’09 to show you her body of work and that’s just what she’ll show you: a body of work. You see, Meyer, an administrative assistant for the visual and performing arts at Carroll, works with an unusual canvas—the human body.

Meyer’s journey began following her graduation from Carroll, when she started Love Bug Face Painting, working at birthday parties, corporate events, festivals and school functions, transforming giggling kids into kittens and grown-ups into colorful creatures.

It was at a trade convention devoted to face painting that Meyer happened upon a body painting display. She was intrigued. Here was a much larger canvas, with curves and creases to challenge her vision and creativity. She’s been painting bodies now for several years and recently began to receive national recognition for her abilities.

This past September, Meyer traveled to North Carolina to compete in Living Art America, the North American Body Painting Championships. At competitions, artists work from a general theme and can spend more than six hours painting their models, who are usually nude save for a small bikini bottom and, for women, pasties. At Living Art America, Meyer’s artistic vision continued to grow, finishing ninth overall, third among contestants from the United States.

In addition to attending several competitions annually, Meyer has now expanded her business to include the body painting, and has worked at art gallery openings, parties and corporate events. There is often some initial shock at the nearly naked bodies, but that passes pretty quickly, she said. “Once people see it, they get pretty excited and happy. People have fun with it.”

ARTIST’S FANTASTICAL CREATIONS COME TO LIFE

For more information and to see more of Meyer’s work, check out her website, sara-meyer.com

CLASS NOTES

Please send news of weddings, births, deaths; new jobs and promotions; academics and professional degrees; church and community service activities; awards and achievements; and changes of address to the Office of Alumni Engagement, Carroll University, 100 N. East Ave., Waukesha, WI 53186; Email: alumni@carrollu.edu

1929

The late Norman Schley ’29 was recently inducted in the Waukesha South High School Wall of Fame. He was represented at the ceremony by his son, Bill Schley ’68 and a grandson. Schley was active in the performing arts and athletics while at Carroll, and set the state record for the 2-mile run in 1928. An accountant, he served as president of the Wisconsin Society of CPAs.

1961

Dick Crystala ’61 has published a book, “Yellowstone, Cutthroats and Me: A Fishing Guide’s Autobiography.” Profits from the sale of the book go to the Yellowstone Center for Fishery Studios. The book is available online and at Carroll University’s Todd Wehr Memorial Library.

1980

Dennis Slater ’80 has been awarded the 2016 Pinnacle Award by the International Association of Exhibitions and Events (IAEE). Slater is the president of the Association of Equipment Manufacturers, a Milwaukee-based international trade group representing the off-road equipment manufacturing industry.

2001

Molly (Muggers) O’Hara ’01 is working as a curriculum coordinator with the North Boone School District this school year before transitioning into the role of principal at Manchester Elementary next year in Blackford, Ill.
Instagram was made for fall at #CarrollU! Here are some of our favorite pics from autumn 2016!
It took just one dinner for Aaron Schroeder ’02 to grasp the opportunity before him. The business student was attending a business department event when he met alumna Ronny McCarthy ’91, who had already gone off to have the sort of career he sought for himself in the banking industry.

“I remember that everything she kept talking about made me think, ‘That’s exactly what I want to do,'” said Schroeder, who today works at Northwestern Mutual in corporate intelligence.

Carroll’s mission to provide lifelong learning can come in the sharing of knowledge between students and alumni and, most of the time, each benefits from contact with the other, as McCarthy and Schroeder came to realize after that first meeting.

“How did she get her start? What is involved in entry level? What types of jobs are available in investment banking? The questions didn’t stop, nor did Schroeder’s desire to remember why you got into your field.”

Schroeder joined Ziegler in 2003, and followed a similar career trajectory, from analyst to associate to assistant vice president and then vice president, before he departed for Northwestern Mutual after 11 years.

“I think it’s rewarding to have somebody you can share your institutional knowledge with and to see them grow and be successful,” said McCarthy.

Like McCarthy and Schroeder, there are alumni and students connecting at Carroll, sharing common experiences and learning from each other, as graduates are eager to give back to a new generation of Pioneers.

“Many alumni are willing and able, whether it’s email feedback, an in-person coffee conversation or an informational interview,” Boudch said. “It really is a compliment and a fun way to help but also to remember why you got into your field.”

Dolores Dicampo Brown ’99, senior director for the Office of Alumni Engagement, said her office regularly provides opportunities through scheduled events to connect alumni with students. Those include the annual Appetizers with Alumni, the yearly Alumni Day and Homecoming and Reunion Weekend. She said those are fun and informal ways for alumni to meet with students, allowing a more natural connection to occur.

“We know our Carroll alumni are very caring and with that comes these endless opportunities,” she said.

In the classroom, Rebecca Imes quickly understood when she came to Carroll in 2005 under the late Dr. Joe Hammett that contact with department alumni was a given. He had already established alumni communication channels to discuss careers with classes of students.

Imes, now an associate professor of communication at Carroll, regularly invites alumni to participate in panels, mock interviews and a communication lunch series, providing opportunities for graduates to share their experiences with students. She said with the lunch series in particular, she often has more alumni than time slots.

“This was something that alumni perceived as desirable,” she said. “Our alumni are happy to help. Every time I thank them they thank me back.”

Dustin Zick, who graduated in 2009 with a communication degree, returned to town in 2011 when Imes asked him to share his professional experiences with students. He has evolved his communication degree into employment in social media, working over the years for Buy Seasons, Marcus Hotels & Resorts, and presently Cramer Krasselt, where he is a public relations senior manager and social media specialist.

“The biggest thing for me is I want to give back, but do it in a way that I can feel the direct results of what I’m doing,” said Zick, who has participated in career panels, spoken in classrooms and worked with students on resumes and cover letters.

“I talk to people and see if I can kick in their heads when I say something that makes sense, or come out of coffee with somebody and they feel better. I’m helping to pay back what I’ve earned over the years.”

Making It Worth the While

Still, the stars can be intimidating. And this time, the hair loss was complete over her body, resulting in a diagnosis of alopecia areata universalis. It was a daunting diagnosis. Still, there was this, a post Allison wrote on Facebook while her hair was falling out: “People are gonna ask, and people are gonna stare, I just have to make it worth the while.”

She created a page on Facebook, “Allison Brill Journey with Alopecia Areata.” She left her room.

“I was wrong to think people wouldn’t be accepting. They were. And particularly at Carroll,” she said. “Carroll’s values teach us to be tolerant and understanding. Carroll’s diversity and the programs it offers, such as Cross Cultural Experiences, make it a much more tolerant place.”

The Facebook page was one venue to educate; Allison sought out others. A blog she wrote for the website thealopeciaworld.com, “12 Reasons Why Being Bald Is Actually Pretty Great!” was shared more than 2,400 times. In addition to her online efforts to raise awareness, she has also given talks about the disease to different groups across the state. Allison has a wig, but she often goes without, choosing to face both the disease and society with a bright smile and her can-do attitude.

Allison, who is majoring in sport and recreation management with a therapeutic recreation emphasis, wants to work with people with disabilities.

“Helping them find happy,” she said. “That’s what I want to do.”
“Best Day Ever!”

PIO PETE GOES TO SCHOOL

Our judges couldn’t pick a single winner. When a large envelope arrived in our offices last fall from Willow Glen Primary School in St. Francis, we knew we had found the winners of our Pio Pete Coloring Contest.

The submissions were from the first grade class of Michelle Boening ’88, ’12. It turns out that each classroom teacher at the school had adopted a university and, naturally enough, had selected her alma mater for her room.

We were so delighted by the submissions that we decided Pio Pete himself should deliver the news to the winning artists. And so, on Thursday, Dec. 1, the students in Mrs. Boening’s class started the day with a surprise visitor, who celebrated with high-fives, led them in some morning stretches and then succumbed to a couple dozen of the cutest hugs you’ve ever seen.

It was the best day ever.

ALUMNI EVENTS

If you have questions, or an event idea, reach out at 262.524.7237 or alumni@carrollu.edu.

Sunday, February 26

Cultural Diversity Discussion

If you have questions or an event idea, reach out at 262.524.7237.

Monday, February 27

Campus Center

Annual Soul Food Dinner at 5 p.m.

The event will be followed by the 3:30–4:30 p.m.

Arizona Alumni and Friends Gathering

Hosted by Leighton Von Hoff ’70 in Bethesda, Md.

Washington, D.C. Area Alumni

and Friends Gathering

Hosted by Tim Hando ’86 at Scottsdale, Ariz.

Updates are available at 262.524.7237.

Tuesday, March 21

Alumni Theatre Preview Night:

Legally Blonde the Musical

Performance begins at 7 p.m.

Grierson Theatre

Thursday, March 23

Alumni Theatre Preview Night:

Alice (Crofts) Morava ’52

Humphrey Memorial Chapel

Friday, March 30

Alumni Theatre Preview Night:

Cheers to Our Years: Alumni & Graduating Seniors Wine Tasting

Campus Center, Stackner Ballroom

April 1–30

Pioneers Feed America National Service Project

Tuesday, April 11

Cheers to Our Years: Alumni & Graduating Seniors Wine Tasting

6–8 p.m.

President’s House

Tuesday, April 25

Celebrating Success

5 p.m.

Campus Center, Stackner Ballroom

Matching Gift Increases Scholarship Impact

Ryan ‘02 and Jaime (DeYoung) ’98 Corcoran had given donations to Carroll regularly but never considered the reality of establishing a student scholarship, nor did they realize the ease in which they could do it, especially since a matching gift program at Jamie’s workplace allowed them to double their contribution toward that goal.

Once they started the conversation with Carroll, though, they quickly moved toward a plan that will bring them to the fall of 2017, when Carroll will name the first student recipient for the Corcoran-DeYoung Endowed Scholarship. The scholarship will support future generations of business students by helping to defray tuition expenses.

“We thought, how wonderful that we were able to set up a scholarship in our name that benefits Carroll students,” said Jaime, who graduated in 1998 with a bachelor’s degree in economics and returned later to obtain a bachelor’s degree in psychology in 2013. Jaime said she grew up watching her dad, James DeYoung, supporting his alma mater and she’d like to do the same for Carroll; keeping the DeYoung name on the scholarship in his honor.

Before establishing the scholarship, the Corcorans gave as members to the Old Main Society at Carroll, where Ryan works as director of information technology services. The Old Main Society recognizes those who contribute at the leadership level of $1,000 or more annually to Carroll University. Ryan has also been involved at Carroll since 1997 as a United Way volunteer, advocating for agency support on campus as campaign coordinator. The couple also supports events that benefit research for Huntington’s Disease and Cystic Fibrosis.

This next step of establishing a scholarship continues their commitment to Carroll that began as students. Ryan and Jaime’s roots here have grown with their 2011 wedding, also Jaime’s roots here have grown with their 2011 wedding, also

commitment to Carroll that began as students. Ryan and Jaime’s roots here have grown with their 2011 wedding, also

Jaime’s continued employment and with the recent establishment of a scholarship in his honor.

This creates the ability to help Carroll and to help a student, in perpetuity,” Ryan said.

To learn more about matching gifts, please visit carrollu.edu/development/support/matchinggifts.asp.
FROM THE CARROLL ARCHIVES

Senior Moment

A button from Senior Fest thirty years ago highlighted an older—and armed—Pio Pete. The Class of 1987 will be celebrating a milestone reunion at Homecoming and Reunion Weekend, Oct. 5–8, 2017. If your class year ends in a 2 or 7, it is your reunion year as well!