

# RECREATION MANAGEMENT

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Recreation Management

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The purpose of the Recreation Management Program at Carroll University is to prepare entry-level professionals who can develop, implement, and administer recreation and outdoor adventure programs across the life span in a variety of settings including community Parks and Recreation Departments, fitness facilities, resorts, and cruise ships.

## Recreation Management Major

### Bachelor of Science

Many of the teaching and planning skills utilized in teaching physical and health education are also essential for successful recreation program management. Descriptions of Physical Education Program courses in the Recreation Management Program are in the Physical Education/Health Education/Adapted Physical Education Program section of this catalog. Descriptions of Health Sciences and Exercise Science Program courses in the Recreation Management program are contained in the Health Sciences and Exercise Sciences Program sections, respectively, of this catalog.

### Program Outcomes for Recreation Management

1. Train our students in management skills associated with middle management line positions.
2. Instill in our students a sense of ethical principles and professional responsibility.
3. Prepare our students so that they may identify and access the most relevant research materials.
4. Foster those skills necessary to seek out partnerships in the delivery of recreational services.
5. Cultivate an attitude of lifelong professional participation.
6. Implement effective instructional approaches including the use of media and technology.
7. Apply formal and informal assessment strategies.

### Fees

Specific courses that require use of equipment and disposable supplies are assigned a course fee.

### Core Courses (52 Credits)

Health Science 101, Introduction to Health Care Skills (1 credit)

Health Science 103, Personal and Community Health (4 credits)

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Health Science 105, Group Exercise Instruction (1 credit)  
Health Science 110, Basic Weight Training Instruction (1 credit)  
Health Science 120, Fundamental Motor Development (4 credits)  
Health Science 303, Exercise Physiology (4 credits)  
Health Science 322, Kinesiology (4 credits)  
Exercise Science 324, Exercise Science Laboratory (2 credits) or  
Physical Education 324, Physical Education Laboratory (2 credits)  
Exercise Science 315, Exercise Science Practicum I (1 credit)  
Exercise Science 407, Facility Operations (3 credits)  
Exercise Science 435, Exercise Science Practicum II (1 credit)  
Physical Education 208, Organization and Administration of Physical  
Education/Athletics (2 credits)  
Physical Education 214, Teaching Outdoor Activities in Physical Education  
(2 credits)  
Physical Education 311, Team Sports and Officiating (3 credits)  
Physical Education 312, Individual/Dual and Lifetime Activities (3 credits)  
Physical Education 411, Adapted Physical Education (4 credits)  
Physical Education 421, Psycho-Social Aspects of Physical Activity (4 credits)  
Recreation 405, Recreational Programming (4 credits)  
Recreation 410, Recreation Administration and Supervision (4 credits)

### Capstone Course (12 Credits)

Recreation 480, Recreation Management Internship (12 credits)

### Required Support Courses (16 Credits)

Biology 130, Introduction to Human Anatomy and Physiology I (4 credits)  
Biology 140, Introduction to Human Anatomy and Physiology II (4 credits)  
Computer Science 107, Problem Solving Using Information Technology (2 credits)  
Mathematics 112, Introduction to Statistics (4 credits)  
Athletic Training 101, Athletic Training Seminar I (2 credits)

### REC 300. Assessment and Documentation in Therapeutic Recreation 4 credits

Students will study and explore the practice of assessment and documentation in the field of therapeutic recreation. (*Sp*) Prerequisite: none.

### REC 308. Therapeutic Recreation in Physical Rehabilitation and Behavioral Health 4 credits

This course will focus on the study of therapeutic recreation services for individuals with physical disabilities and behavioral health disorders. (*Fa*) Prerequisite: none.

### REC 310. Facilitation Techniques in Therapeutic Recreation 4 credits

The study of various facilitation techniques used in the field of therapeutic recreation. Specific emphasis will be placed on leisure education. (*Sp*) Prerequisite: none.

### REC 390. Recreation as a Therapeutic Intervention 3 credits

Students will explore the current and future practice of therapeutic recreation, the values and underpinning of practice, and the inter-relationships between therapeutic

recreation professionals, other health care and human service professionals. (*Fa*)  
Prerequisite: none.

**REC 400. Therapeutic Recreation Trends** 3 credits  
Examination of the most current trends and issues in the field of TR. (*Su*) Prerequisite:  
REC 308 or consent of instructor.

**REC 405. Recreational Programming** 4 credits  
This course provides students with the skills to lead and administer a variety of recreation programs. This course involves budgeting and marketing programs designed for various populations and situations. (*Fa*) Prerequisite: Senior status in Recreation Management or consent of instructor.

**REC 410. Recreation Administration and Supervision** 4 credits  
This course introduces students to special topics in the field of recreation. The course explores current trends in the field of recreation, management in recreation and professional writing for recreational management. (*Sp*) Prerequisite: Senior status in Recreation Management or consent of instructor.

**REC 480. Recreation Management Internship** 12 credits  
The purpose of this course is to enhance and develop personal growth in recreation management knowledge, ethical behaviors, career development, interpersonal skills, problem solving abilities, and personal responsibilities through participation in an internship at a recreation facility. During a 15-week internship, students will spend 30 hours/per week (450 total hours) developing, implementing, and administering recreation and outdoor adventure programs in a university affiliated recreation program. During the 15-week internship, students participating in the internship will come together for seminars. (*Su, Fa*) Prerequisites: REC 405 and 410.

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**Recreation Management Four-Year Curriculum Model**

Class Standing	Fall Semester	Spring Semester
<b>Freshman</b>	CCS 100 4	ENG 170 4
	BIO 130 4	BIO 140 4
	GE1 (F,P,H,N) 4	ATH 101 2
	HSC 103 4	HSC 101 1
		Elective 4
	<u>16</u>	<u>15</u>
<b>Sophomore</b>	PED 208 2	HSC 120 4
	PED 101 1	PED 102 2
	HED 201 2	CSC 107 2
	GE1 (F,P,H,N) 4	GE1 (F,P,H,N) 4
	MAT 112 4	HCS 110 1
	GE1 (F,P,H,N) 4	HSC 105 1
	<u>17</u>	<u>14</u>
<b>Junior</b>	HSC 303 4	PED 311 3
	HSC 322 4	PED 312 3
	PED 324 2	ESC 435 1
	PED 214 2	CCE 2
	ESC 315 1	REC 410 4
	GE2 (F,P,H,N) 4	
	<u>17</u>	<u>13</u>
<b>Senior</b>	PED 411 4	REC 480 12
	PED 421 4	GPC 2
	REC 405 4	
	ESC 407 3	
	<u>15</u>	<u>14</u>

= 121 credits