

first

THE MAGAZINE
OF CARROLL UNIVERSITY
SPRING 2017

**CARROLL NAMES
FIRST FEMALE
PRESIDENT**

Healing Ways

Health science students
get hands-on lessons
in patient-centered care

Word Up

Bridging worlds with Portage,
Carroll's online literary journal

Autumnal Light

The Carroll campus glowed in late afternoon light in this aerial photograph taken in early November 2016. The site of the former Lowry Hall is in the upper middle of the image. The new Michael and Mary Jaharis Science Laboratories building is to its left.



first

FIRST Magazine tells the stories of pioneers, of Wisconsin's first university and of the resolute, creative and fearless men and women who push it forward—the alumni, students, faculty and staff of Carroll University—through truly pioneering content and design.

Carroll University is Wisconsin's first four-year institution of higher learning. This independent, co-educational comprehensive university is grounded in the Presbyterian heritage and liberal arts tradition. The Office of Communications and Marketing publishes **FIRST** for alumni, faculty, staff, students and friends of the university. The opinions expressed do not necessarily represent the opinions of the editors or the official policies of Carroll University. We welcome your comments to editor@carrollu.edu

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A Pioneer Scholars project brought Carroll an online literary journal. Now, professor and students carry the legacy

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PRESIDENT'S MESSAGE

We've all experienced it. When you throw a small pebble in a pond, the ripples from that one simple action radiate outward, growing larger the farther they travel.

It's not too different from what happens in the lives of our students here at Carroll. It's inarguable that the Carroll experience is defined by academic excellence. It's the foundation of all we do—but our impact doesn't stop there.

It's easy to recall numerous examples of Carroll alumni who rave about the value added by this institution. They credit the opportunities, both inside and outside of the classroom, with preparing them for professional success and lives of purpose and meaning. They remark on the benefit of being part of a community focused on service, and the opportunities to participate in sports, music, art, theater and other activities that enrich campus life and feed the soul. They comment on the support found in dedicated faculty and staff. And looking back, they better appreciate the requirement to engage in disciplines outside their academic focus. There's a realization that being exposed to different approaches, viewpoints and outlooks prepared them to think critically, make informed choices and move successfully into the next chapter of their lives.

As students, they didn't realize that all those touchpoints were like tiny pebbles that would continue to ripple and grow. It's humbling to hear their stories and how they credit their Carroll experience with preparing them for life in a diverse and global society—and for helping them to make the world better in ways both large and small.

Where will the tiny pebbles cast across today's campus lead? It's exciting to think about. In this issue of **FIRST**, you'll read about how our health science programs are fostering a more holistic view of health care through a focus on real people with real health issues, as illustrated by the Therapeutic Abilities Clinic and a partnership with Curative Care Network.

You'll discover how a small ripple turned into an online literary journal with a focus on writing, art, music, film and cultural commentary from the upper Midwest. Portage magazine is run and edited by Carroll students, and it began as a Pioneer Scholars project.

We also sat down with several international students, to get their take on life at Carroll and how their experience and the connections they've made here have changed them—and in turn how a growing presence of international students is changing us.

The next time you cast a stone across the water, whether literally or figuratively, take a moment to consider "The Ripple Effect." That one small action, over time, may have a very significant and far reaching impact. It's a pretty amazing phenomenon, and one we see in action at Carroll every day.

Proudly,

Douglas N. Hastad,
President



Carroll University names new president

After an extensive nationwide search, Carroll University has named Dr. Sara Ray Stoelinga as its next president. She will take office in July 2017, and succeed President Douglas Hastad, who will retire after leading the university for over a decade. Stoelinga will be the first female to serve in the role of president at Carroll since its inception in 1846.

"We are proud to welcome Dr. Stoelinga to the Carroll community," said Jim DeJong '73, immediate past chair of the Carroll University Board of Trustees and chair of the presidential search committee. "Her passion and enthusiasm for education, along with proven leadership ability and strategic thinking skills, will enable her to build on the university's tremendous accomplishments of the past decade and propel Carroll into the future."

The Board of Trustees voted unanimously to appoint Stoelinga as the 15th president of Carroll University. This followed a comprehensive, seven-month search led by a committee

comprised of trustees, faculty, staff, graduate and undergraduate students and alumni. Myers McRae Executive Search and Consulting assisted with the process of cultivating a diverse pool of applicants from across the country.

"I am humbled and honored to join the Carroll University community and to embody the mission of using the liberal arts to prepare all students for lifelong learning, vocational success and service in a diverse and global society. Carroll's commitment to creating a community that embraces respect, integrity and stewardship is among the most critical levers we have to reduce social inequality and better society for all," said Stoelinga.

Currently, Stoelinga is the Sara Liston Spurlark Director of the University of Chicago Urban Education Institute (UEI). UEI's mission is to create knowledge to produce reliably excellent urban schooling, training urban teachers, conducting rigorous applied research, operating the UChicago Charter School

and distributing tools and training to improve schools nationally. During her 22 years at UEI, Stoelinga has worked across UEI's diverse units, going from intern to director. In her role as director, Stoelinga leads all aspects of UEI with its 500 employees and \$46 million operating budget.

Stoelinga also serves as a clinical professor on the University of Chicago's Committee on Education. As a faculty member, she advises undergraduate and graduate students and teaches in the University of Chicago Urban Teacher Education Program, the college and the departments of public policy, sociology and human development. She taught one of the university's first massive open online courses (MOOCs), focused on the history of public education and school reform in the United States. In the spring of 2015, Stoelinga received the Llewellyn John and Harriet Manchester Quantrell Award, the University of Chicago's most prestigious teaching award and believed to be the nation's oldest prize for undergraduate teaching. Her depth of knowledge through her work at UEI and experience as a faculty member spans from pre-K students through graduate students. Stoelinga has written and spoken extensively on urban schooling, publishing numerous articles and two books focused on teacher leadership. She received her B.A. and Ph.D. in sociology from the University of Chicago.

A native of St. Paul, Minn., Stoelinga said education has played an important role throughout her life. Her father, Joseph Hallman, was a theology professor at the University of St. Thomas while her mother, Janice Ray Hallman, taught high school and became a director of human resources for St. Paul Public Schools. Stoelinga credits her parents for her path to Carroll University stating, "The values, guidance and inspiration of my parents have had a tremendous influence on my path, both professionally and personally."

WOMEN'S SOCCER

PLAYER OF THE YEAR

Carroll sophomore forward Rachel Van Sluys received all-conference honors and was named the College Conference of Illinois and Wisconsin Player of the Year, becoming the first Pioneer player in conference history to win the CCIW's top women's soccer honor after Carroll rejoined the conference this season.

RECOGNITION

ART ADJUNCT A NOHL RECIPIENT

Robin Jebavy, adjunct lecturer of art, was one of five regional artists recognized for their work in the field of art as a recipient of the Mary L. Nohl Fellowship.

The fund, given in memory of the late artist Nohl, provides established artists with funding to create new work or complete work in progress. In 2016, a total of 151 applicants entered the 14th annual competition.

"I was so thrilled and honored to be selected as one of this year's Mary L. Nohl fellows in the emerging artist category," said Jebavy. "It's an incredible feeling to get this kind of support to further pursue my passion as a painter. The funds and recognition will be of inestimable value as I press on with studio projects this year." A finalist in the emerging artist category in 2015 and 2012 before winning in 2016, Jebavy paints still lifes of glassware. She has exhibited work throughout the Midwest and also teaches drawing at Carroll.

FLYING HIGH

PARTNERSHIP PROVIDES PLANE



Carroll's aviation minor students can take to the sky in style, thanks to our partnership with Spring City Aviation.

The agreement with Spring City provides dedicated access to a Van's RV-12 special light sport aircraft. This low wing aircraft, built in 2012, is recognized as an ideal trainer.

"Both the aircraft stability and onboard electronic equipment make this plane an ideal training platform for students," said Tim Tyre, chief ground instructor at Spring City and Carroll lecturer. "It has very stable handling characteristics and superb visibility due to a canopy top. The plane has a combination of performance features and pilot information systems that facilitate training and aeronautical decision making. The flight characteristics of the RV-12 also make it an easy plane to learn."

The plane is owned by Side by Side Aviation, LLC and leased back to Spring City.



Dr. Stoelinga's hiring brought a swell of #PioPride on university social media

STEVE SCAHUZ: *Always proud to be a Pioneer, but today, I'm extremely proud. Dr. Stoelinga will be the first woman to serve as Carroll's President and that's pretty darn awesome!* **MARY STEIBER REYNHOUT:** *This is such wonderful news! Congratulations!* **SARA BUTCHER:** *Well this is exciting news.* **MICHAEL AMEEL:** *#CarrollU names first female #president in the University's 170 year history!* **#ProudAlumnus** **DAVID SIMPSON:** *Welcome to Carroll! I look forward to meeting you and working with you.* **@MAMACVANTS:** *@carrollu excited to see some big changes.* **@WALTHEN_BAIRD:** *Congratulations, Dr. Stoelinga!! Best wishes to the first female president in @carrollu history.* **KT BUDDE-JONES:** *A great choice, a young woman! Good job!* **RYAN ALBRECHTSON:** *So proud of Carroll University, selecting the first female president in the school's 170 year history. How exciting, and inspiring! #proudalum #carrollu*



Future Medicine

\$1.25 Million Grant to Enhance Primary Care Education

The buzzwords in medicine these days are integrated care and wellness. Basically, the two terms refer to various health care professionals working together to develop a better idea of a patient's whole life, in contrast to focusing individually on a particular illness, disease or injury.

Now, an innovative program at Carroll will help health science students develop those skills. A \$1.25 million federal grant will support Carroll students as they work with an elderly population at the United Community Center (UCC) on Milwaukee's southside.

The Health Resources Services and Administration (HRSA) grant has as its goal strengthening the primary care workforce. Over the course of the next five years, Carroll will work with the UCC to develop and implement inter-professional integrated primary care and health literacy training focused in the physician assistant, physical therapy, occupational therapy, nursing and public health curriculums.

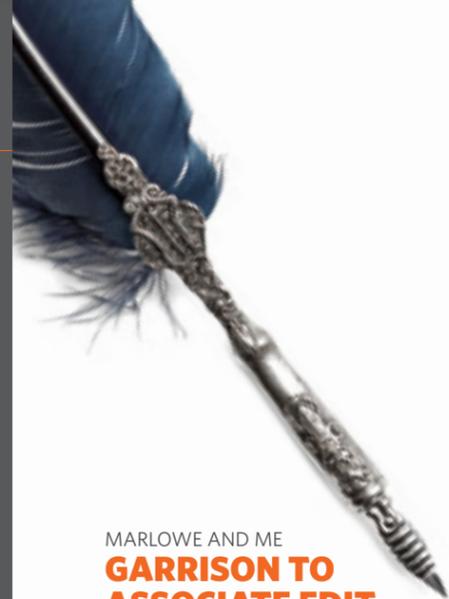
"We are pleased that HRSA recognized Carroll's unique approach to inter-professional education," said Jane Hopp, dean of the college of health sciences. "This grant will help us to better prepare students for careers in a transforming health care environment and give us the opportunity to make a great impact on the Latino communities in Milwaukee and Waukesha at the same time. The grant itself is certainly a recognition of the credibility of the health sciences at Carroll."

Building upon Carroll's existing emphasis on health literacy instruction, the grant will help faculty design, implement and evaluate a training model to educate physician assistant students as primary care providers while working with other

health care professionals. Health science students will provide health education and wellness services to seniors and their families at the UCC's Senior Center. UCC's clients will help educate Carroll students about culturally appropriate care, which is especially important to Carroll students as many graduates choose to work in medically underserved communities.

"Our students will come out of this with a better focus on the quality of the patient experience," said Hopp. "This will develop a patient-centered provider who really understands what the other disciplines can do and need to provide care to the patient. Inter-professional practice is the direction modern health care is moving toward."

Ricardo Diaz '74, UCC's executive director, said the UCC is looking forward to building upon its existing partnership with Carroll. "For us, it's important to both serve our current clients who seek multicultural medical counsel and also to train professionals who can serve our future clients in need of this same expertise. Increasing the number of culturally competent health care professionals is advantageous to both universities and communities alike."



MARLOWE AND ME GARRISON TO ASSOCIATE EDIT JOURNAL

John Garrison, associate professor of English, has been named associate editor of Marlowe



GARRISON

Studies: An Annual, an online scholarly journal devoted to the work of early modern writer Christopher

Marlowe. The annual is published by Indiana University-Purdue University Fort Wayne.

"I'm thrilled to be supporting the journal," Garrison remarked. "My students adore Marlowe's work and I've long found him to be a fascinating figure." Marlowe was an English playwright, poet and translator born in 1564, the same year as William Shakespeare. Marlowe Studies is comprised of essays from writers around the world that look at Marlowe's role in the literary culture of his time.

MILITARY STILL FRIENDLY

For the second year running, Carroll has been designated a Military Friendly School in an annual list compiled by Victory Media. Universities across the country were surveyed and rated in a number of areas including support for student veterans.

WOMEN'S LACROSSE HONOR SQUAD

Two Carroll University women's lacrosse players were named to the International Women's Lacrosse Coaches Association (IWLCA) academic honor roll. Junior midfielder Amanda Gible, a nursing major, and senior defender Hanna Morrow, an exercise science major, were tabbed for the prestigious honor. The IWLCA honored student athletes from 301 different institutions. To be eligible, student athletes must be a junior, senior or graduate student and earn a cumulative academic GPA of 3.5 or higher. The entire Carroll women's team was one of 275 teams across all divisions named an IWLCA Honor Squad for the 2015-16 academic year.

SNAPSHOT TWO PHOTOS LAUNCH PROFESSOR INTO COMPETITION

Two photos shot during a Cross-Cultural Experience to Japan by Dan Becker, associate professor of graphic communication, were accepted by the Racine Art Museum's Wustum Museum for its Wisconsin Photography statewide competition.

The competition first began in 1979 and this year's show featured 102 pieces by 38 Wisconsin photographers and video artists. Of 886 pieces submitted by 91 artists, less than one-third of the artists were accepted into this year's show.

"It was an honor to have these two pieces selected for the exhibition. Art professor Phil Krejcarek encouraged me to enter the juried contest and provided me with guidance in the process—and for that, I'm quite grateful," said Becker.

In spring 2016, the Todd Wehr Memorial Library conducted a Space Assessment Survey. By fall 2016, a number of upgrades were in place:

47
TOTAL FURNITURE UPGRADES

30
TOTAL INCREASED SEATS THROUGHOUT THE LIBRARY

17
UMBRELLAS AVAILABLE TO CHECK OUT ON RAINY DAYS

11
NUMBER OF NEW WHITE BOARD SURFACES

4
NEW ADULT-SIZED BEAN BAG CHAIRS WITH OTTOMANS

4
NUMBER OF NEW SMART PHONE CHARGING CORDS

2
ROWS OF SHELVING REMOVED TO CREATE STUDY SPACE



DOORS OPEN

Michael and Mary Jaharis Science Laboratories Open



Wisconsin Governor Scott Walker shares a few moments with students inside the new Michael and Mary Jaharis Science Laboratories.

The Michael and Mary Jaharis Science Laboratories building was officially opened on Homecoming Weekend, on Friday, Sept. 30, in front of hundreds of guests.



STEVEN JAHARIS

President Doug Hastad was joined by invited guests Governor Scott Walker and Dr. Steven and Elaine Jaharis to help commemorate the day. Many others were in attendance, including Waukesha County Executive Paul Farrow '91, Waukesha Mayor Shawn Reilly, members of the Board of Trustees, business leaders, faculty, staff, students and the community.

The 44,000 square-foot building is the first new academic building to be built on Carroll's campus in the past 50 years and is also the school's only all gift- and grant-funded structure. The state of Wisconsin awarded Carroll \$3 million toward the project in 2015. The building combines state-of-the-art teaching laboratories, research spaces and instrument rooms that will transform the educational experience of every student, particularly natural and health science majors.

The main gift to fund the building was a donation from the late Michael Jaharis, his wife Mary and the Jaharis Family Foundation. Jaharis, a 1950 graduate of Carroll, passed away at his home in New York City in February 2016 at the age of 87. The gift was the largest gift received in school history.

See more photos of the opening of the Jaharis Science Laboratories at bit.ly/jaharisopening



From Carroll Chaplain, the Rev. Elizabeth McCord **FOR CHRIST AND LEARNING**

For Christ and Learning is the English Translation of "Christo et Litteris," Carroll University's motto.

Jesus stretched out his hand and touched the man with leprosy, saying, "I do choose. Be made clean!"
—Gospel of Matthew 8:3

Recently, in a meeting with Mark Erickson, a professor in our physical therapy program, the subject of touch came up. Mark talked about how he hopes to instill in his students just how impactful touch can be. As Mark pointed out, it's not just a body our physical therapy students are touching, it's a person, a whole person with heart and mind, history and hopes. There is a healing relationship between practitioner and patient that starts when the very first hand is gently placed on another's body, and both people are impacted by it.

Touch is powerful and can be deeply healing: the calming effect of a parent's caress, the reassurance of a hug when grieving. Even without the physical connection, we might find a caring

note from a friend that "touches" us, or we may be "touched" by stories of sorrow or joy we read in the news. These forms of touch communicate compassion. They align our human experiences, our human hearts, so that we meet one another authentically in our mutual humanity. In doing so, we embody the power of healing that can only happen when we are seen and accepted for who we truly are: good, bad, broken, whole, human. This kind of shared vulnerability comes with risks, however. It means that whether we are receiving touch or offer touch, we risk being disrupted, challenged and changed through that point of connection.

I see Carroll students taking on this risk every day. Our physical and occupational therapy students and our nursing students engage with patients, providing "hands-on" care. Our education students find their own passion for learning ignited as they try out teaching.

Students studying music and art reach deeply into their own and others' lives through voice, instrument, paint and clay. Cross cultural seminars and immersion experiences broaden students' understanding of the world. By volunteering in Waukesha and beyond, students are exposed to joys and challenges they may not have encountered otherwise.

When we touch another with intentionality and care, when we allow ourselves to be touched at the heart of our humanity, we also open ourselves to healing. But it is a choice. Interacting with others requires mindfulness. It demands attentive respect—especially when we encounter those more vulnerable than ourselves—and it calls for self-awareness and humility, recognizing that we are all in need of some kind of healing. It's a risky choice to touch and be touched, but it's a choice that leads to greater wholeness for ourselves and for the world.

CUT THE RIBBON

NEW RESEARCH FACILITY OPENS



Our newest research space, Prairie Springs Environmental Education Center, opened with a ribbon cutting ceremony on Sept. 22, 2016.

Construction on the center began in 2015 on a site adjacent to Carroll's Greene Field Station. It will be used by Carroll faculty and students as well as community groups and schools.

ON THE WEB

PIONEERING MOMENTS

In honor of the final year of Doug Hastad's tenure as Carroll president, we've been compiling a list of Pioneering Moments that have occurred over the past eleven years under his leadership.

While Hastad himself notes that many people share responsibility for these accomplishments, these are the moments, both large and small, that have helped shape our university. Wonder what we've selected? Check carrollu.edu/pioneering-moments to find out.



To bring their students cheer and confidence this past holiday season, the physical therapy program faculty created a hilarious holiday/finals video.

"Finals Night" was a hit. View it on YouTube at bit.ly/DPT_Final_Night

SWIMMING & DIVING

NEW COACH DIVING IN

Michael Lucchesi was named Carroll's head swimming and diving coach in October 2016.

Lucchesi, a former UW-Milwaukee Panther standout, remains an active competitive swimmer and brings real experience to the Carroll position as he instructs, motivates and develops swimmers and divers. Following his collegiate athletic career, he spent time as a volunteer assistant coach at UW-Milwaukee and an assistant coach at Greenfield High School.

Save the Date

JUNE 19, 2017

The Legend at Merrill Hills
Waukesha, Wisconsin

BENEFITING THE **CHAMPIONS LIFE FUND**

47th Annual
PIONEER GOLF CLASSIC

SAVE THE DATE

HOMECOMING & REUNION WEEKEND | OCTOBER 5-8, 2017

If you graduated in a year ending in a 2 or 7, it's your reunion year.
Your class reunion invitation will arrive this summer—*watch your mailbox!*

In addition to the football game and reunion activities, there are many affinity-based reunions all weekend long. Come home to Carroll and celebrate with your classmates—and make some new friends.



TRIPLE THREATS

Keeping Stride with Carroll's International Student Athletes | By Jack Sherman '18

In basketball, perfecting the triple threat position is crucial: with knees bent and body poised, players can either shoot, pass or drive the ball down the court for that game winning layup. The trick is knowing which to do—and when to do it. To Bastien Seiller, Carroll's first international basketball player, split-second decisions like these are second nature. Coming to Carroll wasn't.

"I had a big conversation with my father. I will always remember it for years," the six-foot-four, 17-year-old from Rennes, France, remarked. The exchange sparked an avid search for a school with the right amount of rigor both on the court and in the classroom.

For someone who has competed since he was four, earned a spot on the Nationale Trois at 15—three years before most players are admitted—and has already amassed a sizable collection of trophies, finding a university that could keep stride was crucial. Carroll fit the bill.

He's not the only one, either. Carroll has been attracting more and more international students, many of them strong athletes in addition to scholars. Rie Sakurai, a Japanese student with a passion for the court that rivals Seiller's, has always taken the front seat in driving her education toward excellence. Carroll is lucky to have her. When she isn't dribbling, shooting or passing, Sakurai's plucking away at the violin, soloing on saxophone or practicing one of the five different languages she knows. While she's put basketball on hold in order to jumpstart a career in accounting, she hasn't grown any less ambitious.

"I want to compose music, learn electric guitar and also own a business someday," she said with a giggle. She contemplated for a moment, laughed, and added, "I also want to be a millionaire." Going by her track record, it's not an unreasonable ambition.

"She is a very purposeful young woman," echoed Beth Tinkham, Carroll's international student adviser, who meets with students like Sakurai regularly to help them adjust as they begin their journeys in higher education. She points to an ornate green tapestry hanging on her wall that was presented to her as a gift from Rie's family. Purposeful, yes—and friendly, too.

Then there's Amy Kyle. She doesn't just play—she manages. A softball-playing Irish native, Kyle

worked her way to the top of Carroll's team and is now responsible for everything from taking inventory to boosting morale. The catch? She'd never even played until she came to the states.

"Through joining other clubs on campus I started to make friends who played on the team," says Kyle. "As I learned more about the sport, one thing led to another and I was asked to be manager."

So how does Carroll find such multi-disciplinary all-stars? What does it take to attract worldly and talented individuals with something to prove and more than enough ambition to prove it?

It all starts in the office of Jeannie Burns Jaworski '14. As the director of international education, Jaworski oversees Carroll's efforts in representing 35 different countries—all from her cozy headquarters built into a street-side home in Waukesha's McCall Street Historic District. Under her guidance, the department hired a dedicated international recruiter and admissions counselor in order to improve communication and outreach to prospective international students. Has it worked?

Undeniably. "Carroll University has welcomed 90% more international students within the past two years," noted Jaworski. Additional efforts have been made to increase Carroll's global presence, welcoming new students from places as far as Indonesia, Nepal, Malaysia and more.

But a university can't just will interesting people to attend. It has to interest them, too. That's where Carroll's return to the prestigious College Conference of Illinois and Wisconsin (CCIW) comes in. For aspiring student athletes, it's certainly appealing.

"We're expecting very difficult games," said Seiller with a grin. "But I think we're doing well. We can do better, of course. Every time we can do better, but we're doing really well."

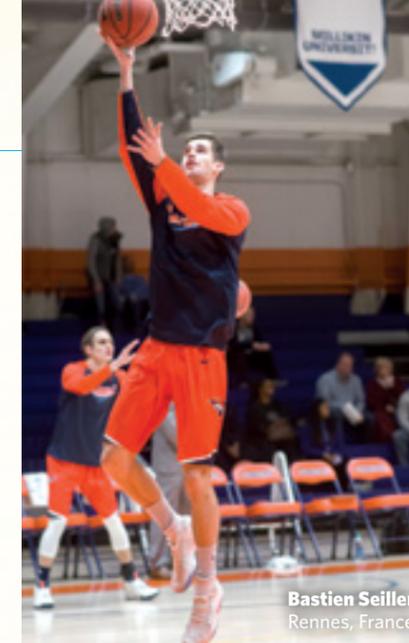
There's also Carroll's efforts to promote a more culturally diverse campus. In addition to 95 students from 35 countries speaking 23 different languages this semester—the largest incoming international class to date—Jaworski and the Office of International Education facilitate a variety of ways to help international and local students connect. Coffee hours, international dinners and an International Education Week all serve as great opportunities for Pioneers to get to know one another better.

57
NUMBER OF INT'L STUDENTS JOINING CARROLL IN FALL 2016, OUR LARGEST CLASS EVER

90%
OVER 90% OF INTENSIVE ENGLISH STUDENTS INTEND TO ENROLL IN A CARROLL UNDERGRAD PROGRAM

95
TOTAL CURRENT INT'L STUDENTS ATTENDING CARROLL

23
LANGUAGES SPOKEN ON CAMPUS



"The people here are so kind," Sakurai remarked. "They smile so much that at first I thought I was doing something wrong."

Make no mistake: Sakurai isn't saying things are always easy. She made the difficult decision to sideline basketball for now because she wants to take the field in an entirely different way: she's currently pursuing a winter internship with the sports monolith Nike.

"I'm very excited, but it is hard. I am doing so much, I give up on things I love, like socializing

time. I see my friends on the weekends maybe once a month."

"It's definitely challenging, changing the environment, going in a new country, a new culture..." Seiller agreed. "But that's also why you come here, I think. Because you want to discover other cultures and not be close minded about that." For a 17-year-old, he has a remarkably mature worldview.

They all do, in fact. It's something these students share, and something most athletes will tell you: success doesn't come easy. It's hard, gritty—and it takes individuals with limitless ambition. Sakurai remembers a quote from her coach that has kept her motivated through it all: "In life there are opportunities you want to go out and take, but you're scared. Go out and take them anyway."

Sure, perhaps Sakurai, Seiller, Kyle and others like them are a little scared. If they are, they don't show it. Instead, they push past their fear to open doors on the court, in the classroom and across the globe. They apply the triple threat position to their daily lives: knees bent and bodies poised, working toward futures bright with all the promise and excitement characteristic of an education rooted in pioneering spirit.

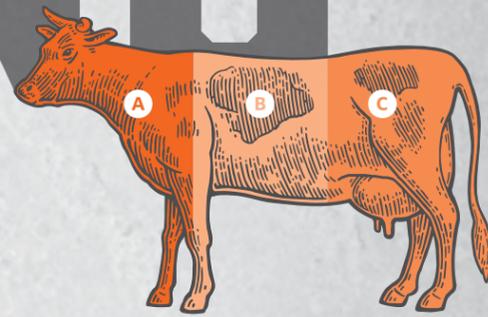
INTERNATIONAL PIONEERS

Students from 35 different countries called Carroll University home in fall 2016

Austria 2	Ghana 1	Northern Ireland 1
Bangladesh 2	Hong Kong 4	Saudi Arabia 7
Canada 2	India 5	South Korea 5
China 9	Indonesia 1	Spain 1
Costa Rica 1	Italy 1	Sri Lanka 2
Democratic Rep. of Congo 1	Japan 4	Thailand 1
Denmark 2	Kenya 2	Turkey 1
Ecuador 1	Kosovo 1	United Kingdom 2
Egypt 1	Mexico 3	Venezuela 1
Ethiopia 1	Myanmar 1	Vietnam 6
France 5	Nepal 11	Zimbabwe 1
Germany 5	Nigeria 1	

HEAVY LIFTING

It's 'udderly' ridiculous just how strong world-champion powerlifter and Pioneer Declan Dilley is. Over three distinct lifts—a squat, bench and deadlift—Dilley lifted the equivalent of a dairy cow.



When Declan Dilley went to the world powerlifting championships in Poland last summer, his three lifts—a squat, bench and deadlift—totaled 1,818 pounds. Which is about the weight of a dairy cow.

If you're thinking that's a lot of pounds, you're correct. Declan, then 18, came home a world champion. The student-athlete (he plays defensive tackle for the Carroll football team), journeyed to Poland to compete in the International Powerlifting Federation World Sub Juniors and Juniors Powerlifting Tournament.



In powerlifting, competitors perform three distinct lifts, a squat, a bench and a deadlift, with three chances to successfully complete each. Declan's lifts totaled 694, 518 and 606 pounds, respectively. "I was excited to travel outside of the United States for the first time to represent my country in the sport," said Dilley.

Dilley has been around powerlifting all his life—both parents competed as powerlifters. He himself began seriously lifting as a freshman in high school and has continued putting on the pounds ever since. He's competed at regional, state and national meets, all leading up to the world championships, where he was named champion in the 120+ kilogram weight class.

During football season, Dilley balances his powerlifting training with football practice, and he noted that Coach Mark Krzykowski '94 has been very supportive of his powerlifting endeavors. Dilley actually had to miss this year's first game while in Poland. In fact, news of his victory came the morning of the Pioneers' first football game of the season. "I guess Coach K announced my championship to the locker room before their first game of the season, and the guys all cheered. My teammates, the coaches, they've all been great. The whole campus, really."

Don't tell Dilley, but we're just hoping he's around during Move-In Day next fall.

A Squat

694 LBS

B Bench

518 LBS

C Deadlift

606 LBS

Office Hours

Jon Gordon, a senior lecturer in English, moved into a new office in the Betty Lou Tikalsky House this summer. When we visited him in early November, the space had already taken on his personality, with knickknacks, posters and photos alongside the usual bursting bookcases. Many of the decorations have a Japanese theme. Gordon spent a year teaching in Japan 16 years ago.



Betty Lou Tikalsky House 103
Jon Gordon, senior lecturer in English



Godzilla Figurine

A Japanese student bought him his first Godzilla figure. The collection has grown significantly since then.



Raccoon Pelt

Gordon's Japanese students didn't know what a raccoon was (they don't exist in Japan). His brother, a trapper, sent along a raccoon pelt for show and tell.



Pee Wee Bobble Head

"It's a deal breaker for me," said Gordon. "If you don't enjoy 'Pee Wee's Big Adventure,' we're not going to get along."

New Science Building Steel Rising



Forward Progress
Dec. 8, 2016

Construction is already underway on a new academic building to replace Lowry Hall, which was demolished in the summer of 2016.

The new building, to be named Doug and Nancy Hastad Hall in honor of Carroll's outgoing president and his wife, will house the nursing, physics/engineering and exercise science programs as well as provide space for other academic classroom needs. It will occupy roughly the same location as Lowry and connect to the Michael and Mary Jaharis Science Laboratories.

Plans for the building have come at a time when space is of necessity; nearly two-thirds of Carroll students major in the sciences. The university is especially strong in the health and medical science fields and has experienced unprecedented demand for programs in the fields of nursing, physician assistant studies, physical therapy, public health, psychology and exercise science/physiology. The building is slated to open in December 2017.

Connections: Literary Journal Builds Bridges, Carries Hopes



Carroll's newest literary journal, Portage, takes its name from a common feature of the upper Midwest, the land bridges connecting our many lakes and rivers. It's apt—the arts are indeed a bridge, between peoples, traditions and communities.

Obviously, Portage, which exists solely as a website, digitally transports words and images, but it also carries a connection between Carroll and a wider, creative community. Its mere presence bears proof that Carroll is part of that larger community and a place where good writing happens.

And it's partly due to the work of a former Carroll student. Taylor Hamann graduated in 2016 with a double major in English and professional writing. In the summer of 2015, she and assistant English professor B.J. Best embarked on the development of a literary journal as a Pioneer Scholar's project. The Pioneer Scholars Program annually funds up to 10 undergraduate faculty/student teams as they work over the summer on a research or creative project.

"Professor Best originally designed the project, but my main motivation for taking it on was to connect Carroll to the larger literary world," said Hamann. "It is my personal belief that a community needs the arts in order to thrive. I wanted Portage to be a space for writers and artists to share

Prof. B.J. Best and Taylor Hamann '16 look at Portage online.

their voices and express just how unique and diverse the Midwest is."

How does one go about starting up a journal and how does such a journal establish credibility? "It's origin in the university gives it some legitimacy to start," said Best, "but, it's the work we carry that will be the ultimate arbiter."

As an on-going endeavor, the annual journal is the product of a class, English 350: Literary Magazine Publishing. Held each spring and capped at 18 students, the sessions operate more like editorial meetings than traditional university classes. The class is taught by Best, but he insists the journal is entirely student driven. "The students read the submissions, they do all the work, really," he said. "It's more like they show up to an office and work a couple hours." The class typically meets Tuesdays and Thursday afternoons in the spring semester.

Of course, if you're going to publish a literary journal, you need material. Best, a poet who was a finalist to serve as Wisconsin's Poet Laureate in 2008, has extensive experience navigating the world of literary journals and the submissions process. He helped by getting the journal listed on sites such as duotrope.com, which provide extensive databases of writing markets for aspiring and professional writers.

Portage publishes literary writing, art, music, film and cultural commentary from the upper Midwest. "We wanted it to have a focus," said Best. "We want to explore the question of what it means to be Midwestern." The journal's website puts it this way: "The upper Midwest is a region of contradiction, yet it exists in an odd harmony. Lawyers drink a beer after work with poultry farmers; silos cozy up to skyscrapers. The upper Midwest is where urbanization and agriculture shake hands and agree to work in tandem. Portage aims to reflect the same diversity. We want poetry about a broken windmill in Iowa sharing space with a painting of Chicago at midnight. We want a photograph of an owl reading Big Ten football statistics or the story of a girl who leaves her pet cow

to pursue a life of modeling. If your work matches our vision, we want to read it."

Submissions to the journal are directed into several categories: creative nonfiction, fiction, music and film, poetry, reviews and visual art. Students in the class are grouped into genre teams to review and haggle over the submissions.

"The editors decide what gets selected," said Best. "They meet and they talk about it and make arguments. They get to decide what's 'good.'"

In doing so, students gain critical skills. "I think the biggest impact is providing students with opportunities no other class on campus can," said Hamann. "Because the journal is student-run, Carroll students tailor their experience to their specific academic or career goals. Some of the various positions held in the past years were editor-in-chief, copy editor, social media manager and director of public relations. Additionally, by connecting students with people who have vastly varying experiences in the Midwest, Portage fosters growth on a personal level."

As an online journal, Portage has one distinct advantage over a print publication—far greater flexibility in how many submissions get selected to appear; there is no page limit. "The quality and the quantity arises out of the content," noted Best.

A look through the brief bios of the 20 poets selected for inclusion in the 2016 issue reveals a concentration of Wisconsin authors, but a surprising mix of voices from farther afield. Is it a success?

Best laughed, saying he defines its success by its mere existence. "Really, though, that's mostly defined by the students. The real success of this is when the students get involved and take ownership. And for the students, this is hands-on work, learning skills that will help them. The goal is to have a line in their resume saying they did this."

"Writing, editing, getting this online, working collaboratively with others—this directly connects with the wider world."

Like a good bridge should.

ENGLISH STUDENTS EDIT JOURNAL

As a result of a spring course focused on academic editing, a group of 16 students along with Dr. Lara Karpenko, associate professor of English, have produced and edited an issue of a well-respected academic journal, Nineteenth-Century Gender Studies, entitled "Teaching Nineteenth-Century Literature and Gender in the Twenty-First-Century Classroom." The group also worked with Dr. Lauri Dietz of DePaul University to complete the project.

As suggested by the title, this issue of the journal contains essays specifically geared to scholars of 19th century studies. The essays consider a myriad of topics—ranging from masculine representations of the feminine to global feminist dynamics to the gendered implications of syllabus construction—in order to showcase the conceptual range that gender studies broadly conceived can inspire in university-level teaching.

Led by Linda Braus, a junior and English and communications double major, the students in the course were involved in article selection, making suggestions for revision, copyediting and even writing their own contribution about the experience.

"I didn't expect to have an opportunity like serving as managing editor of a journal, but I loved it and I'm extremely grateful that I did," said Braus. "I learned so much about editing, academia and collaboration. The experience was invaluable as I aspire to edit professionally and potentially pursue graduate school."

Along with the student-authored article, the issue features an introduction written by Karpenko and Dietz, as well as articles from faculty from various institutions around the country.

"I am so proud and almost in awe of the hard work and dedication of the students as they worked to produce this special issue," said Karpenko. "The students surpassed all my expectations and helped make this issue not only exceptionally strong but unique. I can't think of another academic journal that combines the work of established scholars with undergraduates in precisely this way."

Life Lessons

GETTING AT THE HEART OF HEALTH CARE

You can learn how the body is put together, memorize the muscles and tendons of the shoulder, practice feeling a pulse or stretching a calf, but how do you learn to talk to someone who is chronically sick, or to a frightened child? How do you develop a caring attitude? How do you educate empathy?



What does it take to become a good health care provider? Knowledge, sure. Critical thinking, too. And technical skills. But a kind heart, an attentive ear and a compassionate soul are all at least equally important, though they may be more difficult to teach. At Carroll, there is a growing emphasis on the “care” in health care and numerous efforts underway to build compassionate, well-rounded students.

Craig Joerres has dark curly hair, a warm smile and a genuine affection for the students and faculty at Carroll’s Therapeutic Abilities Clinic. “I love it here,” he said. “I don’t like to miss this. I get so much value from it.” He’s been coming to TAC for six years now, maneuvering his wheelchair into the Sentry Building clinic every Tuesday and Thursday afternoon. When he arrives on this Thursday afternoon, he’s warmly greeted by faculty and students. Spend time here, and it’s hard to know who benefits most from his visits.

Joerres suffered a stroke at age 42. He’s accepted now, he says, that he is never going to get that life or that body,

pre-stroke, back. “No,” he explained. “My only interest is in my quality of life.” Which is why he comes, twice a week, to work with students in Carroll’s Physical Therapy Program.

Here, he’s paired with students who will spend a semester at the clinic. For nearly four months, they will work with him, gently guiding movements, recording his progress, listening to his feedback, joking back and forth.

“We’ve made some great gains—small gains, yes—but positive ones, over the years,” said Joerres. Those gains mean small but measurable improvements in his quality of life. That keeps him coming. That, and the laughter.

“I am kind of known for joking around and giving the kids a hard time,” he admitted.

More importantly, he is sharing his experience as a stroke victim with these students. Working with him and with the other three dozen clients who attend the clinic, they experience real bodies with disabilities and other health issues. This is far different from practicing on themselves or on each other in class. This is real life.

“We definitely need each other,” said graduate PT student Malerie Kurt ’15. “I’m just so grateful to the members of the community who come to our clinic and facilitate this experience for us. By being able to apply what you have learned”



Carroll’s health science programs are rapidly gaining attention for their academic rigor and great outcomes. At the same time, the university continues to offer a strong education in the liberal arts. A new offering, the health and human experience minor, aims to utilize both strengths to make a Carroll education even more valuable to its students.

The minor, offered this year for the first time, recognizes a growing movement in the health care industry to view a patient as a whole person and to develop care providers who are better able to communicate with and care for patients. Health science students could opt for this minor to strengthen interpersonal communication skills or to gain a more holistic understanding of wellness.

At the same time, the minor could appeal to students majoring in traditional liberal arts programs by adding an emphasis in health sciences to their skill set. “Let’s say you’re a communications student who wants to work in the health care field, for example,” said Dr. Monika Baldrige, chair of the department of health and medicine. Business students who are interested in working in health care administration are other potential beneficiaries, but there are many others.

The minor is structured around coursework divided into four areas: values and ethics, social health, humanities and the sciences. Students are required to take at least one course, but not more than two, from each category. The courses include topics such as bioethics, suffering and hope, intercultural communication and the history and philosophy of science.

It concludes with a one-credit online capstone course, in which students will write an essay documenting their experiences in the minor and what they learned from the variety of courses. Baldrige noted that such an essay would be valuable to students pursuing graduate programs.

“ I don't like to miss this. I get so much value from it. ”

☛ Craig Joerres, TAC patient for past six years



This is therapy. This is learning.

It's a cold morning—the coldest yet of the season—as clients from the Curative Care Senior Center amble into Sunset Bowl in Waukesha.

Hands are cold. Feet are cold. Elderly bodies are bundled in heavy coats and thick hats cover heads. The men and women embark from a shuttle bus and head into the alley for their weekly bowling session, accompanied by students from Carroll's physical therapy and occupational therapy programs.

For the men and women from the care center, this is therapy, a fun outing that gets muscles moving, increases metabolisms and raises spirits. For the students, this is learning.

Carroll students have been doing this for years, gaining critical experiences in working with a diverse population—a real hands-on education. This year, students from occupational therapy have joined the physical therapy students as the university aims to provide them with a more realistic experience.

This morning, the students and their clients talk about the single digit air temperature outside. But slowly, the movement—the slow walk to the lane and the weight of the ball in the hand, combines with the enthusiasm of the students, and the thaw begins.

“Ok, it's your time to shine now, dear,” says a PT student to an elderly woman with a walker. They walk together to the lane, him carrying her bowling ball.

There's body learning going on here, as students collaborate and work on the fly to accommodate the physical abilities and limitations of the bowlers, but the larger lesson may well be in compassion, in viewing the person as more than a series of limitations—a whole person.

As the students engage with the bowlers, guiding them to and from their seats, the gentle grasp of the gait belt (a wide belt worn around the bowlers' waists to allow students to support and guide) leads to hands on shoulders and to gentle pats on the back and then to high fives and hand holding.

It's cold outside. And at 10 in the morning, the bowling alley hasn't hit peak heat yet, but it's already a much warmer place.



☛ to someone who isn't completely healthy, you learn so much more.”

You also learn to give. “This program does that, it teaches us that giving back to the community is important,” said Kurt. “That's such a big part of Carroll's mission.” The training may be professionally oriented, but the lessons extend to all parts of life.

Students start the semester getting to know their clients, by conducting interviews with them and consulting with notes left by previous classes and other students who may have worked with the person. In so doing, they practice the collaborative process that will mark their professional life. And, while they may begin by seeing a disability, they quickly come to see a whole person. Bonds are forged during the semester, the casual laughter and friendly joking building intimacy. Joerres noted that he has attended several commencement ceremonies over the years to support his new friends on their big day.

Gary Schoenicke has been coming to the clinic for three years. “It doesn't seem

that long,” he said. “Time flies when you're having fun.”

Schoenicke has cerebral palsy. When a job ended several years ago, he lost more than employment, he lost the opportunity to spend time around other people. The clinic, which is free, provides him with valuable therapy, but the time he gets to spend among the students and other clients is priceless.

“We're here to provide wellness services to clients with neurological issues,” said adjunct lecturer Kris Erickson. “And part of one's wellness is your social life. It's not just the students and clients bonding, the clients bond with one another and with their families.”

“You don't realize what a benefit this is for us,” Schoenicke agreed. “When my work stopped, I missed that social life so much. So I try to give back and help (the students). I let them know how I'm feeling, what feels right and what doesn't. It benefits us both.”

Unsaid but just as important, it benefits the men, women and children these students will one day treat as professional physical therapists. ▾



High Notes

Music Therapy Program Finds Receptive Audience at Carroll

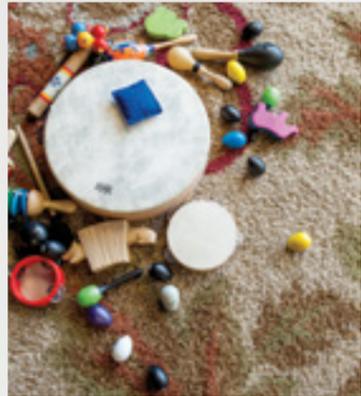
Music moves through our lives always. Accompanied by lullabies, hymns, anthems and dirges, we dance from birth to death, marching to the beat of our own drummer, heads aswirl with melodies. Music calms, inspires and incites. And it can also heal.

This fall, the first group of Carroll students began studying music therapy, learning ways to incorporate music in treating a host of health and wellness issues. The new music therapy degree program is in its infancy and still wending its way towards approval, but has found a receptive student body at Carroll.

“I tell our students they are pioneers in the truest sense of the word,” said Elizabeth Rousseau, clinical assistant professor and director of the music therapy program. At present, 15 students are participating in the program, “but based on the interest we’re seeing, we could easily see 20 or more next fall.”

The program bridges two disciplines at Carroll—the arts and the health sciences. Rousseau guesses she’s the only clinical teacher in the humanities at Carroll.

“This (program) is a natural fit for Carroll,” according to Dr. Charles Byler, dean of the College of Arts and



Elizabeth Rousseau, music therapy director, and her students work with new mothers at the Authentic Birth Center in Wauwatosa, Wis.

Sciences. “It builds on two academic areas in which we are particularly strong, music and therapeutic health care. The program offers students who are interested in studying music an excellent career option.”

The program is an example of Carroll’s success in developing academic programs that blend liberal arts and sciences with vocationally oriented courses, according to Byler. “Students in the program will develop both their creative and analytical skills to a very high level.”

Students in the program study music, taking lessons in music therapy and gaining proficiency in playing an instrument. But they also acquire skills to be a therapist, learning clinical skills with patients and preparing for a professional practice.

“It’s a clinical degree, even though on the outside it just looks like we’re having fun,” said Rousseau.

The music therapy program—Carroll is the only co-ed university in the state offering the major—is what attracted second-year student Stephanie Ledonne to Carroll. She had attended some classes at Carroll while a senior at Sussex Hamilton High School but first enrolled at another university, pursuing voice studies. The music therapy program, however, caught her attention.

“I want to sing, of course,” Stephanie said. “But I like the idea I can use my talents to actually help someone else gain skills they didn’t have before or solve problems.”

This academic year, she has gone to a memory care facility to sing, play instruments and even employ scarves to gently engage with and coerce movement among the clientele.

“...I like the idea I can use my talents to actually help someone else gain skills they didn’t have before or solve problems.”

—Stephanie Ledonne, music therapy student

Students in the program begin clinical placements in their second year, first observing a certified music therapist at work and, over the course of that year, beginning to assist. Rousseau’s students this year also accompany her to the Authentic Birth Center in Wauwatosa to help in a class designed to promote healthy attachment and postpartum emotional support for new mothers. Following that, they’ll experience four or five clinical placements totaling up to 200 hours, where they’ll develop their skills, learning to assess, document, treat and evaluate patients. The program has been developed to target standards and competencies outlined by the American Music Therapy Association (AMTA). Graduates of the program will be eligible to sit for the national board certification exam offered by the Certification Board for Music Therapists.

The outlook for those graduates is good, with an anticipated eight to 14 percent job growth in the next decade. Music therapists work with all ages— from pre-school children to the elderly. Therapists may work in psychiatric hospitals, rehabilitative facilities, senior centers, nursing homes, hospitals and outpatient clinics, among other sites—all places where a familiar melody or sweet song may help soothe, motivate and even heal.



Rhythm instruments like this small wooden frog noisemaker are used in music therapy to provide patients an easy way to participate. The music therapy program at Carroll used a new crowdfunding platform to collect donations to purchase the frogs.

Catalyst was created to help members of the Carroll community raise money to support their ideas, projects and passions. Projects on the Catalyst platform advance innovation, teaching and learning at the university. Catalyst helps donors connect directly with student and faculty projects and to be the catalysts to Carroll’s pioneering spirit of creativity and innovation. To see a list of projects currently seeking funding, visit catalyst.carrollu.edu



A Living Canvas

ARTIST'S FANTASTICAL CREATIONS COME TO LIFE

Ask artist Sara (Thorne) Meyer '09 to show you her body of work and that's just what she'll show you: a body of work. You see, Meyer, an administrative assistant for the visual and performing arts at Carroll, works with an unusual canvas—the human body.

Meyer's journey began following her graduation from Carroll, when she started Love Bug Face Painting, working at birthday parties, corporate events, festivals and school functions, transforming giggling kids into kittens and grown-ups into colorful creatures.

It was at a trade convention devoted to face painting that Meyer happened upon a body painting display. She was intrigued. Here was a much larger canvas, with curves and creases to challenge her vision and creativity. She's been painting bodies now for several years and recently began to receive national recognition for her abilities.

This past September, Meyer traveled to North Carolina to compete in Living Art America, the North American Body Painting Championships. At competitions, artists work from a general theme and can spend more than six hours painting their models, who are usually nude save for a small bikini bottom and, for women, pasties. At Living Art America, Meyer earned her best scores yet, finishing ninth overall, third among contestants from the United States.

In addition to attending several competitions annually, Meyer has now expanded her business to include the body painting, and has worked at art gallery openings, parties and corporate events. There is often some initial shock at the nearly naked bodies, but that passes pretty quickly, she said. "Once people see it, they get pretty excited and happy. People have fun with it."



For more information and to see more of Meyer's work, check out her website, sara-meyer.com



CLASS NOTES

Please send news of weddings, births, deaths; new jobs and promotions; academics and professional degrees; church and community service activities; awards and achievements; and changes of address to the Office of Alumni Engagement, Carroll University, 100 N. East Ave., Waukesha, WI 53186; Email: alumni@carrollu.edu

1929

The late **Norman Schley '29** was recently inducted in the Waukesha South High School Wall of Fame. He was represented at the ceremony by his son, **Bill Schley '68** and a grandson. Schley was active in the performing arts and athletics while at Carroll, and set the state record for the 2-mile run in 1928. An accountant, he served as president of the Wisconsin Society of CPAs. He also served as president of the Waukesha Kiwanis Club and helped form the Circle K Club at Carroll.

1961

Dick Crysedale '61 has published a book, "Yellowstone, Cutthroats and Me: A Fishing Guide's Autobiography." Profits from the sale of the book go to the Yellowstone Center for Fishery Studies. The book is available online and at Carroll University's Todd Wehr Memorial Library.



Don Ott '61 and Cecile Adams were wed on July 30, 2016.

1979

Dr. Elliot T. Ryser '79 received the Harry Haverland Citation Award from the International Association for Food Protection. He is a professor of food science at Michigan State University.

1980

Dennis Slater '80 has been awarded the 2016 Pinnacle Award by the International Association of Exhibitions and Events (IAEE). Slater is the president of the Association of Equipment Manufacturers, a Milwaukee-based international trade group representing the off-road equipment manufacturing industry.

1987

Michael Lehman '87 has founded his own freelance CIO consultancy, Parachute CIO, after 17 years as the top IT strategist for Hartland's Batteries Plus Bulbs. He and his family reside in Colgate, Wis.

2000



Kristy A. (Wisniewski) Christensen '00 has been named a partner in McCarty Law LLP, a law firm in Appleton, Wis. She resides in Wrightstown, Wis., with her husband and daughter.

2001

Molly (Meggers) Lilja '01 is working as a curriculum coordinator with the North Boone School District this school year before transitioning into the role of principal at Manchester Elementary next year in Rockford, Ill.

2002



Angela Freund '02 and her husband, Ryan, welcomed a baby boy, Jackson Ryan Freund, on Oct. 4, 2016.

2005

Kari (Sixel) DeHart '05 and her husband, Brent, welcomed their third child, Jacob Thomas on Sept. 1, 2015. He joins their daughter Katelyn and son William.

2008



Ryan Bly '08 and Megan (Lightfoot) Bly '08, '10 welcomed their first child, Emalyn Anne, on Aug. 9, 2016.

2011

Ralph Schultz '11 and Lauren (Forystek) Schultz '13 were wed on Sept. 24, 2016. "We met at Carroll during class and are so grateful this great school brought us together," writes Lauren.

2013



Derek Marie '13 and Melissa Walz welcomed a baby boy, Jayce David Marie, on July 21, 2016. Derek works as an admission counselor and assistant soccer coach at Carroll.

Sieria Vieaux '13 has been named general manager of the Green Bay Bullfrogs, a semipro baseball team in the Northwoods League. Vieaux, who graduated with a degree in sports management, has been with the team for three years, most recently serving as corporate accounts and marketing manager.

Corey Vande Voort '13 and Allison (Daugherty) Vande Voort '14 welcomed a baby boy, Cameron William Vande Voort, on May 5, 2016.

Faculty and Staff



Melissa Kehler, coordinator of humanities and social sciences administration, and her partner, Tim, welcomed a baby boy, North Lawrence David Kaisler, on July 18, 2016.



Nicole Larson, administrative assistant for academic affairs and budget coordinator of natural sciences at Carroll, and her husband, Josh, welcomed a baby boy, Lincoln Joshua Larson, on July 24, 2016.

Lance J. Herdegan, formerly the director of the Institute of Civil War Studies at Carroll, has been selected as the 2016 winner of the Civil War Round Table of Chicago's Nevins-Freeman award. Herdegan has written several books on Civil War-era history.

Instagram was made for fall at #CarrollU!

Here are some of our favorite pics from autumn 2016!



1



2



3



4



5



5



6



7

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IN MEMORIAM

1930s

Jewell (Campion) Krohn '38 passed away Aug. 8, 2015.

1940s

Marguerite (May) Euler '40 of Plover, Wis., passed away July 25, 2016, at the age of 97.

Robert "Bob" Malm '40 passed away Oct. 17, 2016, at the age of 97 in Waukesha. Malm, for many years a co-owner of the Hardy-Malm Insurance Agency, was a former board member of Friends of Carroll College.

Ruth M. (Beart) York '41 passed away April 18, 2016 in Sister Bay, Wis., at the age of 96.

Virginia (Grabinski) Zoelle '42 passed away June 28, 2016, at the age of 96, in Fond du Lac, Wis. She worked for many years as a librarian and was instrumental in the creation of the Waterford Public Library.

Ruth (Hartung) Quaintance '43 passed away May 26, 2016, at the age of 94 in Houston, Texas. She had met her late husband, Arthur Quaintance '41, at Carroll.

Virginia "Ginny" (Brower) Abendroth '44 passed away July 19, 2016, at the age of 94 in Wisconsin.

Philip R. Baxter '48 passed away June 14, 2016, in Gainesville, Fla.

1950s

Calvin Wray Bismarck '50 passed away June 15, 2016, at the age of 90 in White Mountain Lake, Ariz.

Jean R. (Maney) Mealy '50 passed away July 15, 2012, at the age of 83 in Waterford, Wis.

John R. Pugh '50 of Waukesha passed away July 29, 2015, at the age of 89. A banker, he became a senior vice president at Waukesha State Bank. He was also involved with numerous charities and service organizations.

Clifton Oliver Strom '50 passed away Sept. 6, 2016, at the age of 89 in Racine, Wis. He and his late wife, Marie, who passed away 25 days prior, raised nine children.

Robert E. Tuttle '51 passed away Nov. 23, 2015, at the age of 87, in Galesville, Wis.

Janet (Quaden) Carey '52 passed away Aug. 7, 2016, at the age of 85 in La Valle, Wis.

Joan (Udisches) Cochrane '52 passed away March 2, 2016, at the age of 85 in Chetek, Wis.

The Rev. Robert K. Holler '53 passed away Sept. 24, 2016, at the age of 85 in Appleton, Wis. Holler served the Presbyterian communities of Litchfield, Canton and Pekin in Illinois before relocating to Appleton three years ago.

Stafford E.M. Holle '55 has passed away.

Harold C. Krysak '56 passed away June 23, 2016, in Waukesha at the age of 81. Krysak worked as a machinist most of his life. He also built and flew model airplanes.

George H. Spelius '56 passed away Sept. 28, 2016, at the age of 83 in Beloit, Wis. Spelius played football, tennis and baseball at Carroll. Spelius maintained a lifelong interest in baseball and, in 1982, was the founding father of the Beloit Brewers (now known as the Beloit Snappers, a professional Class A affiliate of the Oakland Athletics). He also served for many years as president of the Midwest League (Class A) of Professional Baseball Clubs.

Betty J. (Schmidt) Wawak '56 passed away Jan. 14, 2014.

Arthur J. Dordel Sr. '57 passed away March 13, 2016, at the age of 86 in Tomah, Wis. He was a math teacher and football coach for many years, before he and his wife operated a hardware store in Tomah.

Richard H. Pofahl '57 passed away Aug. 27, 2016, at the age of 81 in Salem, Wis. Pofahl owned and operated a paint and flooring business for many years and was active in many organizations and charities.

Myron "Mike" Jahnke '59 passed away Oct. 30, 2016, at the age of 79 in Waukesha. He was a member of Southminster Presbyterian Church and a deacon at First Presbyterian Church.

1960s

Joanne (Hale) Aggens '60 passed away Aug. 13, 2015, in Wilmette, Ill.

Robert W. Chopp '61 passed away Oct. 27, 2015, in Bullhead City, Ariz., at the age of 82.

Margot S. (Spencer) Stoltz '61 passed away Dec. 31, 2013, at the age of 74.

Robert C. Von der Ohe '62 passed away Aug. 25, 2016, at the age of 75 in Rockford, Ill. After a stint in the Peace Corps and receiving a Ph.D. in economics, Von der Ohe spent most of his professional life working for or with credit unions and teaching at the college level.

Ned F. Reiter '63 passed away June 27, 2016, at the age of 74 in Spring Branch, Texas.

Kristine (Holoubek) Janson-Farley '64 passed away July 21, 2016, at the age of 73 in Wisconsin.

George Ahlmann '66 passed away Feb. 11, 2013.

Stephen L. Grafrath '66 passed away July 24, 2016, in Barrington, Ill., at the age of 72.

Amy S. Ford '68 has passed away.

Elizabeth A. (Roehr) Zeidel '69 passed away Sept. 12, 2016, in Burlingame, Calif.

1970s

Stephen L. Burnham '70 passed away Oct. 26, 2016, in Geneva, Ill., at the age of 69.

Mary B. (Schroeder) Jung '70 passed away July 11, 2016, at the age of 67 in Racine, Wis.

Dale A. Pelligrino '70 passed away Aug. 15, 2016, in Naperville, Ill., at the age of 67. He had retired as a research professor at the University of Illinois-Chicago in the department of anesthesiology research in 2016.

Thomas O. Kostka '79 passed away Sept. 5, 2016, at the age of 58 in Beloit, Wis. Kostka was a member of the Tau Kappa Epsilon fraternity at Carroll and played on the football team. He went on to play for the Rockford Rams semi-pro team.

Lawrence K. MacGregor '79 passed away July 7, 2016, at the age of 57 in Glen Allen, Va.

1980s

Christine W. (Vitek) Bradford '81 passed away Aug. 23, 2016, at the age of 58 in Mukwonago, Wis.

Helene Ripley '86 passed away Aug. 5, 2016, in Lecanto, Fla., at the age of 88.

Randall Smith '86 passed away July 4, 2016, at the age of 52 in Milwaukee. Smith had worked for or with credit unions and teaching for more than 24 years in policing.

1990s

Kathleen M. (Malone) Boss '90 passed away July 15, 2016, at the age of 54 in Johnsbury, Ill.

Randall R. Tiedt '91 passed away Oct. 25, 2016, at the age of 47 in Madison, Wis.

Andrea J. Stehling-Ericson '99 of Pewaukee, Wis., passed away Sept. 14, 2015, at the age of 43. She spent twenty years working in nursing and was an advocate for diabetes awareness and organ

BE AN OPINION LEADER

Interested in connecting with prospective students and families considering Carroll? Sign up to serve on an alumni panel during our open houses on Saturday, April 22 and Saturday, July 15, and let them know how wonderful you think Carroll is!

To volunteer, please contact the Office of Alumni Engagement at alumni@carrollu.edu or call 262.524.7237

Helping Hands

Successful Alumni Informally Serve As Mentors By Linda Spice '89

It took just one dinner for Aaron Schroeder '02 to grasp the opportunity before him. The business student was attending a business department event when he met alumna, Romy McCarthy '91, who had already gone off to have the sort of career he sought for himself in the banking industry.

"I remember that everything she kept talking about made me think, 'That's exactly what I want to do,'" said

Schroeder, who today works at Northwestern Mutual in corporate strategy focusing on competitive intelligence.

Carroll's mission to provide lifelong learning can come in the sharing of knowledge between students and alumni and, most of the time, each benefits from the other, as McCarthy and Schroeder came to realize after that first meeting.

How did she get her start? What is involved in entry level? What types of jobs are available in investment banking? The questions didn't stop, nor did Schroeder's contact with McCarthy, who recalls his "pre-LinkedIn" methodical approach to networking, maintaining contact with her and becoming "a sponge for information."

"She was just a great one that I felt comfortable calling and asking questions, bouncing ideas and pitching myself for any job opening that would come up," Schroeder said.

McCarthy learned about Schroeder's skills and talents, gained confidence in his abilities and then helped pave the way for career opportunities, even advocating

for him to land a job at the same banking firm—Ziegler—where she worked for more than 20 years. At Ziegler, McCarthy had advanced from analyst to associate to assistant vice president to vice president to senior vice president and, finally, director. She departed in 2013, moving to Piper Jaffray, but for a decade oversaw Schroeder's rise.

Schroeder joined Ziegler in 2003, and followed a similar career trajectory, from analyst to associate to assistant vice president and then vice president, before he departed for Northwestern Mutual after 11 years.

"I think it's rewarding to have somebody you can share your institutional knowledge with and to see them grow and be successful," said McCarthy.

Like McCarthy and Schroeder, there are alumni and students connecting at Carroll, sharing common experiences and learning from each other, as graduates are eager to give back to a new generation of Pioneers.

Torrie Boduch, director of career services at Carroll, said it's not uncommon for alumni to seek her out, asking "How can I help?"

"Many alumni are willing and able, whether it's email feedback, an in-person coffee conversation or an informational interview," Boduch said. "It really is a compliment and a fun way to help but also to remember why you got into your field."

Dolores Ocampo Brown '99, senior director for the Office of Alumni Engagement, said her office regularly provides opportunities through scheduled events to connect alumni with students. Those include the annual Appetizers with Alumni gathering and the newly named Cheers to Our Years, formerly Red, White, and You, a wine tasting with alumni and graduating seniors celebrating together.

Other opportunities for alumni to mix with students include the alumni office's Pioneers Serve: Carroll University Volunteer Day in the fall and the Pioneers Feed America: National Service Project. Alumni can also meet and work with

students during the annual Move-In Day and Homecoming and Reunion Weekend. She said those are fun and informal ways for alumni to meet with students, allowing a more natural connection to occur.

"We know our Carroll alumni are very caring and with that comes these endless opportunities," she said.

In the classroom, Rebecca Imes quickly understood when she came to Carroll in 2005 under the late Dr. Joe Hemmer that contact with department alumni was a given. He had already established alumni communication panels to discuss careers with classes of students.

Imes, now an associate professor of communication at Carroll, regularly invites alumni to participate in panels, mock interviews and a communication lunch series, providing opportunities for graduates to share their experiences with students. She said with the lunch series in particular, she often has more alumni than time slots.

"This was something that alumni perceived as desirable," she said. "Our alumni are happy to help. Every time I thank them they thank me back."

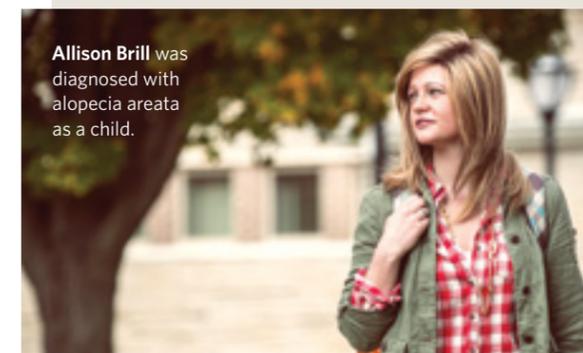
Dustin Zick, who graduated in 2009 with a communication degree, returned to volunteer in a Carroll classroom in 2011 when Imes asked him to share his professional experiences with students. He has evolved his communication degree into employment in social media, working over the years for Buy Seasons, Marcus Hotels & Resorts, and presently Cramer Krasselt, where he is a public relations senior manager and social media specialist.

"The biggest thing for me is I want to give back, but do it in a way that I can feel the direct results of what I'm doing," said Zick, who has participated in career panels, spoken in classrooms and worked with students on resumes and cover letters. "I talk to people and see it click in their heads when I say something that makes sense, or come out of coffee with somebody and they feel better. I'm helping to pay back what I've earned over the years."

Making It Worth the While

When Allison Brill's hair began to fall out during her third year at Carroll, knowing why was small consolation.

As a child, Allison had been diagnosed with alopecia areata, an autoimmune disease in which the body's immune system mistakenly attacks hair follicles, causing them to shut down hair production. It's not necessarily permanent—hair often grows back—but it can result in patchy hair or even complete hairlessness.



Allison Brill was diagnosed with alopecia areata as a child.

"I hid for a while," she said. "I didn't want anyone to know." This even though she was quite familiar with the disease. She had written a senior thesis on the disease in high school in Wausau. She already considered herself an advocate for increasing awareness about the condition.

Still, the stares can be intimidating. And this time, the hair loss was complete over her body, resulting in a diagnosis of alopecia areata universalis. It was a daunting diagnosis. Still, there was this, a post Allison wrote on Facebook while her hair was falling out: "People are gonna ask, and people are gonna stare, I just have to make it worth the while."

She created a page on Facebook, "Allison Brill: Journey with Alopecia Areata." She left her room.

"I was wrong to think people wouldn't be accepting. They were. And particularly at Carroll," she said. "Carroll's values teach us to be tolerant and understanding. Carroll's diversity and the programs it offers, such as Cross Cultural Experiences, make it a much more tolerant place."

The Facebook page was one venue to educate; Allison sought out others. A blog she wrote for the website theodysseyonline.com, "12 Reasons Why Being Bald Is Actually Pretty Great," was shared more than 2,800 times. In addition to her online efforts to raise awareness, she has also given talks about the disease to different groups across the state. Allison has a wig, but she often goes without, choosing to face both the disease and society with a bright smile and her can-do attitude.

Allison, who is majoring in sport and recreation management with a therapeutic recreation emphasis, wants to work with people with disabilities. "Helping them find happy," she said. "That's what I want to do."



"Best Day Ever!"

PIO PETE GOES TO SCHOOL

Our judges couldn't pick a single winner.

When a large envelope arrived in our offices last fall from Willow Glen Primary School in St. Francis, we knew we had found the winners of our Pio Pete Coloring Contest.

The submissions were from the first grade class of Michelle Boening '98, '12. It turns out that each classroom teacher at the school had adopted a university and she, naturally enough, had selected her alma mater for her room.

We were so delighted by the submissions that we decided Pio Pete himself should deliver the news to the winning artists. And so, on Thursday, Dec. 1, the students in Mrs. Boening's class started the day with a surprise visitor, who celebrated with high-fours, led them in some morning stretches and then succumbed to a couple dozen of the cutest hugs you've ever seen.

It was the best day ever.



Matching Gift Increases Scholarship Impact

Ryan '02 and Jaime (DeYoung) '98 Corcoran had given donations to Carroll regularly but never considered the reality of establishing a student scholarship, nor did they realize the ease in which they could do it, especially since a matching gift program at Jaime's workplace allowed them to double their contribution toward that goal.

Once they started the conversation with Carroll, though, they quickly moved toward a plan that will bring them to the fall of 2017, when Carroll will name the first student recipient for the Corcoran-DeYoung Endowed Scholarship. The scholarship will support future generations of business students by helping to defray tuition expenses.

"We thought, how wonderful that we were able to set up a scholarship in our name that benefits Carroll students," said Jaime, who graduated in 1998 with a bachelor's degree in economics and returned later to obtain a bachelor's degree in psychology in 2013. Jaime said she grew up watching her dad, James DeYoung, supporting his alma mater and she'd like to do the same for Carroll, keeping the DeYoung name on the scholarship in his honor.

Before establishing the scholarship, the Corcorans gave as members to the Old Main Society at Carroll, where Ryan works as director of information technology services. The Old Main Society recognizes those who contribute at the leadership level of \$1,000 or more annually to Carroll University. Ryan has also been involved at Carroll since 1997 as a United Way volunteer, advocating for agency support on campus as campaign coordinator. The couple also supports events that benefit research for Huntington's Disease and Cystic Fibrosis.

This next step of establishing a scholarship continues their commitment to Carroll that began as students. Ryan and Jaime's roots here have grown with their 2011 wedding, also on campus, Ryan's continued employment and with the recent birthday celebration for their son, also held at Carroll.

"Carroll has done so much for Ryan and me. It means a lot to us," Jaime said. "Carroll is the reason I am where I am today."



Said Ryan, "I think it's good to give back. Scholarships help (students and families) make decisions and drive where students go and what opportunities they have."

The couple suggests that other alumni who have never thought about establishing a scholarship consider how easy it can be when money is contributed over time, and to explore whether workplace matching gifts are available.

Once they decided to establish an endowed scholarship, they met with Carroll's advancement staff, who walked them through the process. That included explaining how establishing a scholarship worked, completing a scholarship agreement, editing a few details along the way and then establishing a schedule for their contributions.

A 100 percent matching contribution from Jaime's employer, UBS Financial Services, accelerated the growth of their contribution to build the \$25,000 minimum required to establish an endowed scholarship fund. She has been employed there since 2007.

"This creates the ability to help Carroll and to help a student, in perpetuity," Ryan said.

To learn more about matching gifts, please visit carrollu.edu/development/support/matchinggifts.asp

ALUMNI EVENTS

If you have questions or an event idea, reach out at 262.524.7237 or alumni@carrollu.edu

Sunday, February 26
Cultural Diversity Discussion
3:30–4:30 p.m.
The event will be followed by the Annual Soul Food Dinner at 5 p.m.
Campus Center

Friday, March 10
Arizona Alumni and Friends Gathering
Hosted by Dr. Dan '69 and Ann (Leighton) '70 Von Hoff
5:30–8:30 p.m.
Scottsdale, Ariz.

Thursday, March 23
Washington, D.C. Area Alumni and Friends Gathering
Hosted by Tim Hando '86
5–7 p.m.
Bethesda, Md.

Thursday, March 23
Alumni Theatre Preview Night: Legally Blonde the Musical
Alumni reception beginning at 6 p.m.
Performance begins at 7 p.m.
Otterson Theatre

Monday, March 27
Phi Kappa Phi Induction Ceremony—including alumnae inductee Alice (Crofts) Morava '52
5 p.m.
Humphrey Memorial Chapel

April 1–30
Pioneers Feed America: National Service Project

Tuesday, April 11
Cheers to Our Years: Alumni & Graduating Seniors Wine Tasting
6–8 p.m.
President's House

Tuesday, April 25
Celebrating Success
5 p.m.
Campus Center, Stackner Ballroom





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FROM THE CARROLL ARCHIVES

Senior Moment

A button from Senior Fest thirty years ago highlighted an older—and armed—Pio Pete.

The Class of 1987 will be celebrating a milestone reunion at Homecoming and Reunion Weekend, Oct. 5-8, 2017. If your class year ends in a 2 or 7, it is your reunion year as well!